



PimaCommunityCollege

PIMA COMMUNITY COLLEGE

BIENNIAL REVIEW OF DRUG AND ALCOHOL POLICY AND PREVENTION PROGRAM

For Academic Years 2023-24 and 2024-25

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Pima Community College Biennial Review of Drug and Alcohol Policy and Prevention Program

Introduction to Drug-Free Schools and Communities Act (DFSCA)

Pima Community College (PCC or College) provides this report for compliance with the 1989 amendments to the Drug-Free Schools and Communities Act (DFSCA), as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86—the Drug-Free Schools and Campuses Regulations. Part 86 pertains to “Drug and Alcohol Abuse Prevention.”

In accordance with the Drug-Free Schools and Campuses Regulations, PCC conducts a biennial review of our alcohol and other drug (AOD) policies and programs to determine program effectiveness and consistency of policy enforcement and to identify and implement any changes needed to the PCC AOD programs.

Responsibility for Conducting the PCC Biennial Review

As per Board Policy (BP) 11.01 – Drug Free College: The Chancellor or designee shall conduct a biennial review of the College’s programs to determine their effectiveness, implement changes as needed, and ensure that disciplinary sanctions are consistently enforced.

The PCC Drug Free Schools and Campuses Act Biennial Review Committee is responsible for overseeing Biennial Reviews. The committee is led by the Student Affairs Department, and it includes representatives from the PCC Department of Public Safety, Compliance Department, Government Relations, Student Counseling and Advising, and Human Resources.

If requested, PCC will make available to the Secretary and the public a copy of each requested item in the drug prevention program and the results of the Biennial Review. Copies of the Biennial Review will be available at the PCC Office of the Chancellor, Provost Office, Human Resources, and the Department of Public Safety (Campus Police).

The Biennial Review Committee (BRC) met virtually on May 29, 2026, at 1:30 pm to review the effectiveness of Pima Community College’s Drug and Alcohol Prevention Program (DAAPP) and the consistency of policy enforcement for the PCC 2024 and 2025 academic years. The BRC is chaired by Suzanne Desjardin, Assistant Vice Chancellor, Student Affairs. Committee members include:

- David Arellano, Assistant Vice Chancellor, Student Services and Onboarding
- David Donderewicz, Executive Director, Financial Aid and Scholarships
- Jennifer Madrid, Dean of Students, Student Affairs
- Libby Howell, Executive Director, Community & Government Relations

- David Parker, Executive Director, Enterprise Risk, Ethics and Compliance
- Seth Shippee, Deputy General Counsel
- Michelle Tong, Director, Compliance
- Janet Rico Uhrig, Director, Human Resources, Talent Management & Employee Relations
- Tamatha Villar, Chief of Police
- Bruce Westberg, Physical Security/Emergency Program Manager

This report was shared with the BRC who met for discussion again on June 16, 2026. Final edits were completed by June 30, 2026.

BRC Objectives

The objectives of the BRC are outlined by 20 U.S.C. § 1145g(a)(2) to be:

- Determine the effectiveness of, and to implement any needed changes to, the PCC DAAPP, including current policy, enforcement measures, prevention and intervention programming; and
- Ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

To facilitate the review, the BRC analyzed data, processes, and policies for compliance with EDGAR Part 86. In addition, recommendations from the 2022 and 2023 Biennial Review Report were assessed and new recommendations proposed.

PCC Policies Addressing AOD Use and Abuse

The procedure focuses on impairment versus use. Monitoring will vary depending upon job position and safety standards. The policies can be found at:

- Board Policy (BP) 11.01 - Drug Free College (revised November 10, 2021 and last reviewed May 8, 2024) is available at this link: <https://pima.edu/about-pima/leadership-policies/policies/board-policies/docs-bp-11/bp-11-01.pdf>
- Administrative Procedure (AP) 11.01.01 - Drug-and Alcohol-Free Environment (revised May 20, 2022) is available at this link: <https://pima.edu/about-pima/leadership-policies/policies/administrative-procedures/docs-ap-11/ap-11-01-01.pdf>

Drug and Alcohol Abuse Prevention Program and Notification

PCC maintains an electronic copy of the institution's Annual Drug- and Alcohol-Free Environment Notification on the Pima.edu website at: <https://pima.edu/student->

PCC provides annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, an email containing links to the institution's Annual Drug- and Alcohol-Free Environment Notification. For compliance with Part 86 - 34 CFR § 86.100(a), the notification contains the following information:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities;
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
- A description of applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of applicable counseling, treatment, or rehabilitation or reentry programs that are available to employees or students; and
- A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions for violations of the standards of conduct required by this section.

The notifications for the review period were sent as follows:

- From Tina Neil, Assistant Vice Chancellor, Human Resources, on behalf of Human Resources and the Provost Office to all employees via the following emails:
 - October 3, 2023 - email entitled "Annual Pima Community College Drug-and Alcohol-Free Environment Notification"
 - December 10, 2024 - email entitled "Action Requested- Review: Pima Community College Drug-and Alcohol-Free Environment Notification"
- Pima Community College's Drug- and Alcohol-Free Environment Notification was sent to students as follows:
 - October 3, 2023 - sent at 3:00pm MST.
 - December 6, 2024 - sent at 2:14pm MST
- See [Appendix A](#) for copies of these email notifications.

The committee agrees that the method of distribution provides adequate assurance that each student receives the materials annually. PCC's distribution plan does make provisions for providing these materials to students who enroll at some date after the initial distribution as follows:

- Included in New Student Orientation with links to Student Code of Conduct and Drug Free Campus Information. (See [Appendix B: New Student Orientation with Links to Code of Conduct and Drug Free Schools Act](#))
- PCC web page with summary of Drug Free Schools and Campus Act information. (See [Appendix C: PCC Summary of Drug Free Schools and Campus Act information](#))

The committee agrees that the method of distribution provides adequate assurance that each employee receives the materials annually. New employees are provided a handout with links to the PCC AOD policies. (See [Appendix D: New Employee Orientation Handout](#) with links to the Drug-Free Campus Information).

Measuring Drug and Alcohol Abuse Prevention Effectiveness

PCC, in partnership with the AZIHE-Arizona Institutions of Higher Education, conducted campus climate surveys during the 2012, 2014, 2016, 2018 and 2022 spring semesters to assess alcohol and other drug use trends and campus life needs, and developed AOD abuse prevention programs. The AZIHE did not conduct any surveys during 2023-2025. They will be conducting their next survey in 2026.

Other ways that PCC assesses proactive student programming centered around Alcohol and Substance Use awareness and prevention are through student surveys collected as part of active presentation programming as provided below and in Appendix E.

Programs Addressing AOD Use and Abuse

Active presentations programs for students coordinated by Student Life and Counselors:

- Know Your Limits: Spring Break Alcohol Awareness & Safety Tabling Event
- Safe Spring Break
- Health & Wellness Fairs
- Various options to connect with Campus Police
- See [Appendix E: List of Active Presentations and Programming](#)

Passive-programming includes informational literature distributed during events that are available post-event in the Student Life Centers. Additional communication includes awareness advisories. See [Appendix F: Examples of AOD Prevention Posters, Events, Advisories](#)

New employees are required to complete College Directed training within the first 30 days of hire. Additional programming is provided for current employees. Active presentation programming for employees is coordinated by Human Resources and provided by additional departments

Name/Format	Target Audience	Description
Promoting a Substance-free Workplace Updated 10/5/23, Web based	All new employees within 30 days of hire, and current employees.	A full description of this training is available, see Appendix H: Examples of Employee Training

Department of Transportation: Reasonable Suspicion (Drug and Alcohol Awareness) On-demand, Web based	All transportation employees; safety-sensitive transportation employees; service agents	A full description of this training is available, see Appendix H: Examples of Employee Training
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Pima Community College Police Department (PCCPD) efforts to support training, education, awareness and prevention of AOD related offenses include:

- Annual publication of the Campus Crime and Security Report
- Automatic referral of all AOD offenses to the Dean of Students office for intervention and/or Student Code of Conduct
- Safety awareness training to key groups on campus, including students, employees, and supervisors
- Participation with the Southern Arizona DUI task force with enforcement of driving under the influence laws throughout Tucson in addition to campus enforcement.
- College community awareness programs:
 - Outreach efforts include presentations, safety fairs, and public area displays. Activities include the use of alcohol impairment goggles that simulate the effects of alcohol consumption on the body.

Alcohol-Free Activities to Support Prevention: In addition to employee training provided, PCC offers a broad range of alcohol-free activities that involve student clubs and organizations, academic opportunities, social programs, cultural events and others. Some of these activities specifically target evening, and weekend audiences so as to divert high-risk weekend drinking into pro-social activities.

AOD Information and Available Services for Students and Employees

- PCC College Counselors are available on all PCC campuses. They help with personal issues and with finding community resources for assistance. Here are some of the resources they provide:
 - Meet students who are in recovery and utilizing treatment services, or who were arrested for an offense related to substance abuse.
 - Assist students who are trying to balance life, study, and work obligations.
 - Participate in Drug and Alcohol Events to raise awareness.
 - Work with Student Life, to bring awareness to these issues, and provide resources.
 - Provide referral resources for students who need them.
 - Address concerns about impairment while on campus.
 - Discuss substance abuse issues in Student Success classes.
- Information and Referral Services - 2-1-1 is the emergency contact number.

- This Tucson organization acts as a public guide to community programs throughout Southern Arizona.
- PCC Community Counseling Student Resources are available on the PCC Counseling website (<https://pima.edu/student-resources/counseling/index>) and additional resources via the Student Wellness Assistance Program (Student Assistance Program)
 - See [Appendix H: Community Counseling Student Webpage and Additional Resources](#)
- Employee Assistance Program
 - Jorgensen/Brooks Group: Confidential help is available for a wide range of personal and work related issues. Jorgensen/Brooks EAP provides confidential assessment and brief counseling for issues such as substance abuse.

Alcohol and Drug Violations Enforcement Analysis

The table below shows the number of alcohol and other drug arrests and referrals for disciplinary action for the calendar years (January-December) for 2023, and 2024. The totals include students and non-students. Students who were cited on campus were also referred to the Code of Conduct. Data includes arrests by Pima County Sheriff Department and Tucson Police Department.

Alcohol & Drug Arrests/Citations	On Campus	Public	Non-campus
2023	34	9	0
2024	44	6	0
Totals	77	15	0

- On Campus locations include all property owned or leased/rented property including off campus events, temporary housing units/common areas.
- Public locations include sidewalks, streets and opposite sidewalk, parks, and public parking immediately adjacent to a campus.
- Non-campus includes property leased or rented off campus for student use.

Student and Employee Code of Conduct Sanctions for AOD Violations

The Office of the Dean of Students is responsible for enforcement of AOD policies for students. The Human Resources office is responsible for employee conduct violations related to alcohol and drugs. The table below summarizes sanctions imposed for student and employee incidents involving alcohol and drugs that were reported to campus officials. The analysis for sanctions imposed examined data for the academic year cycle (July 1, 2023-June 30, 2024; and July 1, 2024-June 30, 2025).

Sanctions Imposed	2023-2024	2024-2025
Student Code of Conduct Sanctions		
Reprimand	0	1
Probation	1	0
Suspension	0	0
Employee Sanctions		
Reprimand	0	0
Probation	0	0
Suspension	0	0
Resigned	0	0
Terminated	0	0

Recent Developments

- Administrative procedure, AP 11.01.01, Drug and Alcohol Free Environment, was revised on May 20th, 2022. The procedure focuses on impairment versus use.
- Administrative procedure, AP 11.04.01, Prohibition of Smoking and Tobacco Use, was revised October 17, 2024. The College continues its commitment to being a 100% Smoke-Free and Tobacco-Free institution.
- PCC recently updated the Student Code of Conduct and PCC Personnel Policy Manuals.

Challenges to the PCC AOD programs

- Downtown Campus is immediately adjacent to transient housing, drug prone locations, and alcohol retailers, resulting in increased use of drug and alcohol by local residents and necessary increase in law enforcement.
- Arizona consistently ranks among the leading states for fentanyl seizures, and some recent DEA officials have stated that Arizona accounts for roughly 60% of fentanyl seized nationwide, while other studies have found Arizona has the highest number of fentanyl pill seizures in the country
- Recreational cannabis passed in Arizona by ballot initiative in November 2020, and was legalized in 2021. In December 2025, Executive Order 14370 issued specific direction to

expedite the rescheduling of cannabis from Schedule I to Schedule III. Additional outreach and education on the policy and legal issues around this topic should be pursued.

- PCC does not have regular on-campus housing resulting in less interaction with its students.
- PCC Student Affairs continue to collaborate with Arizona Institutions of Higher Education regarding use and administration of intermittent student surveys and discussion around programming for alcohol and other drug abuse awareness and prevention.

AOD Program and Policy Effectiveness

After reviewing the available data and current efforts, the Committee determined that current alcohol and other drug programs in place at PCC remain effective in preventing and reducing the illegal use of alcohol and other drugs on campus. The College uses survey data from the College and the statewide Arizona Institutions for Higher Education to evaluate trends.

- While the national trend shows an upward trend in black-tar heroin and cocaine, the College has not experienced a similar increase, which indicates that efforts are working.
- According to the Arizona Institutions for Higher Education survey results from 2018 and 2022, total reported student alcohol consumption within a 30-day period from 2018 (58.1%) to 2022 (54.1%) showed a decline of 4%.
- On the other hand, the Arizona Institutions for Higher Education reported a 13.4% decline in student receipt of information about alcohol and other drug use from their college/university (2018 was 68.8% as compared to 55.4% in 2022).

Additionally, the Committee concluded that the College's AOD program's awareness and educational efforts, as identified in Appendix E, are positive and effective. The College should continue efforts to increase student participation, as greater education and awareness will lead to better outcomes.

The Committee also recommends continued monitoring of drug and alcohol trends and the provision of resources for the College's AOD Program to remain effective. These recommendations are discussed in more detail in the Looking to the Future section below.

AOD Enforcement and Sanctions Review

Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at the PPC consistently enforced?

- Drug treatment referrals are not mandatory for students or employees and cannot be assessed.
- The College has enforced these policies as indicated above. Given the very low number of AOD repeat offenders, disciplinary sanctions appear to be effective.

Looking to the future

What new ideas, strategies and/or partnerships could Pima Community College pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

- **Student Life and Engagement:** Student Life continues to expand its outreach by leveraging dynamic social media platforms and digital communication channels to promote alcohol and drug abuse prevention. These efforts focus on increasing student awareness regarding campus policies, federal and state regulations, and the health risks associated with substance abuse, ensuring information meets students where they are. Additionally each year they partner with internal college stakeholders to host resource fairs where local behavioral health providers visit the host campus and table with resources to connect students to information and services.
- **Human Resources and Employee Compliance:** Human Resources maintains up-to-date internal procedures for managing employees suspected of being under the influence of drugs or alcohol. The College actively maintains its procurement contract with third-party vendors to provide reliable, compliant drug and alcohol testing services.
- **Policy and Training:** Human Resources provides Promoting a Substance-free Workplace as a part of the College Directed Training - New Employees and is assigned to all new employees. All supervisors are required to complete the Drug and Alcohol- Free Environment training at least once upon hire or promotion, with refresher courses offered on a regularly scheduled, recurring basis throughout the academic year. All employees must complete this training within 30 days of employment. All new employees are provided information on where to find the Annual Drug and Alcohol-Free Environment Notification
 - Board Policy for a Drug-Free College
 - Administrative Procedure for Drug- and Alcohol-Free Environment
 - Drug- and Alcohol-Free Environment policy - Employee Handbook PCC.
- **Cross-Department Collaboration:** The College maintains an active, cross-departmental task force dedicated to the ongoing development, implementation, and measurement of evidence-based programming geared toward the prevention of drug and alcohol misuse across all campuses.

- **Enhanced Community Partnerships:** The College actively cultivates and enhances strategic partnerships with local law enforcement, regional healthcare providers, and community-based behavioral health organizations. By aligning with local coalitions and public health experts, Pima Community College co-develops, enriches, and scales impactful drug awareness campaigns
- **Emergency Health & Wellness Resources:** As part of a visible commitment to campus health and harm reduction, the College is actively installing accessible Naloxone (Narcan) stations at prominent service desks across all campuses and will share a FAQ document with students, faculty, and staff.

Summary

Pima Community College meets the compliance requirements as set forth by the DFSCA. The College has established the PCC Drug and Alcohol Abuse Prevention Program, provides annual notification of the DAAPP to students and employees, offers education, prevention, and referral services, enforces the policy standards including imposing sanctions on violations of the standards of behavior, and has reviewed up updated the Drug-and Alcohol Free Environment and Code of Conduct policies.

Pima Community College will continue to assess, modify and pursue best practices to provide and maintain a safe, healthy, and productive environment for students, employees, and visitors, free from hazards associated with drug and alcohol abuse.

Appendix A: PCC Annual Drug- and Alcohol-Free Environment Notifications

2022/2023 Pima Community College's Drug- and Alcohol-Free Environment Notification sent to employees on 10/3/2023.



Donderewicz, David <dadonderewicz@pima.edu>

Pima Community College's Drug- and Alcohol-Free Environment Notification

1 message

Jeff Thies, Ph.D., Provost & Executive Vice Chancellor For Academic Affairs (Acting)

Tue, Oct 3, 2023 at 3:02 PM

<provost@pima.edu>

Subject: Pima Community College's Drug- and Alcohol-Free Environment Notification

To: "Pima-All" <Pima-All@pima.edu>



PimaCommunityCollege

/// Keep striving.

Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees.

The Act requires the annual distribution of the attached information to students and employees. The contents of the notice contain materials and information from the previous completed academic year, 2022-2023.

<https://www.pima.edu/student-resources/student-policies-complaints/drug-free-schools/drug-and-alcohol-free-environment-notification.pdf>

Pima Community College is an equal opportunity, affirmative action employer and educational institution committed to excellence through diversity. Upon request, reasonable accommodations will be made for individuals with disabilities. Every effort will be made to provide reasonable accommodations in a timely manner. To request accommodations, please call (520) 206-4539 or fax (520) 206-4567.



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/// Keep striving.

Pima Community College | 4905 E Broadway Blvd, Tucson, AZ 85709-1145

Unsubscribe dadonderewicz@pima.edu

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<https://mail.google.com/mail/u/0/?ik=6acf3d8ef7&view=pt&search=all&permthid=thread-f:1802426163933824713&simpl=msg-f:1802426163933824713> 1/1

2023/2024 Pima Community College's Drug- and Alcohol-Free Environment Notification sent to employees on 12/10/2024.



Donderewicz, David <dadonderewicz@pima.edu>

Action Requested- REVIEW:Pima Community College Drug-and Alcohol-Free Environment Notification

1 message

Neil, Tina <cnnei@pima.edu>
Reply-To: cnnei@pima.edu
To: Pima-All <Pima-All@pima.edu>

Tue, Dec 10, 2024 at 1:24 PM

Sent on behalf of Human Resources and the Provost Office to all employees

Greetings Colleagues,

Under federal legislation entitled the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees."

The Act requires the annual distribution of the information in the links below to students and employees. The contents of the notice contain materials and information from the academic year, 2024-2025.

[Drug Free Notification](#)

[Drug Free Workplace website](#)

[Drug- and Alcohol-Free Environment Policy](#)

All employees are required to complete the online course in [MyCareerCenter: Promoting a Substance Free Workplace](#) as part of the College-Directed Training. Please check to ensure that you have completed this training.

Thank you,

Tina Neil (She/Her)
Acting Assistant Vice Chancellor for Human Resources
Chief Human Resources Officer



District Office
4905 E. Broadway Blvd. | Tucson, AZ 85709
(520) 206-4520 | cnnei@pima.edu

[HR Comment Card](#)

CONFIDENTIALITY NOTICE: If you are not the intended recipient, you may not use, copy, distribute, or forward this message or contents to anyone. If you have received this email in error, please notify the sender immediately and delete the email from your email system.

2022/2023 Pima Community College's Drug- and Alcohol-Free Environment Notification sent to students on 10/3/2023 at 3:00pm MST.



Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees.

The Act requires the annual distribution of the attached information to students and employees. The contents of the notice contain materials and information from the previous completed academic year, 2022-2023.

<https://www.pima.edu/student-resources/student-policies-complaints/drug-free-schools/drug-and-alcohol-free-environment-notification.pdf>

Pima Community College is an equal opportunity, affirmative action employer and educational institution committed to excellence through diversity. Upon request, reasonable accommodations will be made for individuals with disabilities. Every effort will be made to provide reasonable accommodations in a timely manner. To request accommodations, please call (520) 206-4539 or fax (520) 206-4567.



2023/2024 Pima Community College's Drug- and Alcohol-Free Environment Notification sent to students on 12/6/2024 at 2:14pm MST.

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Dear Student,

Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. The Act requires the annual distribution of the attached information to students and employees.

<https://pima.edu/student-resources/student-policies-complaints/drug-free-schools/index.html>

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Pima Community College's 2022/2023 and 2023/2024 Drug- and Alcohol-Free Environment Notification is sent to students after they are accepted to the college.

Date Nov 23, 2023 10:01:40 AM

Channel Email

Communication Code BCM_R_DRUG_FREE- Drug- and Alcohol-Free Notice

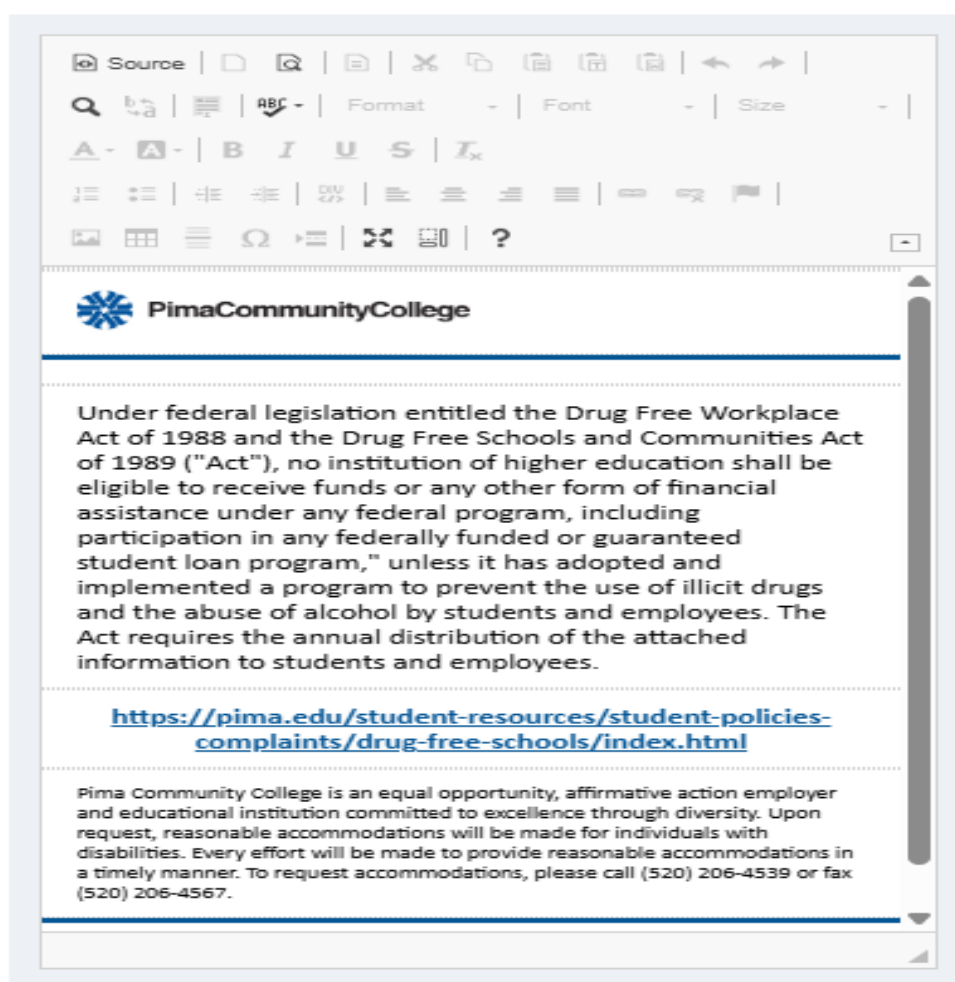
Template BCM_R_DRUG_FREE

Folder PCC-DISCLOSURES

Created By [REDACTED]

To [REDACTED]

Subject Pima Community College's Drug- and Alcohol-Free Environment Notification



The screenshot shows an email interface with a rich text editor toolbar at the top. The email body features the Pima Community College logo, a horizontal separator line, and a paragraph of text. Below the text is a blue hyperlink. Another horizontal separator line follows, and then a final paragraph of text. The email is displayed within a window that has a scrollbar on the right side.

 **PimaCommunityCollege**

Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. The Act requires the annual distribution of the attached information to students and employees.

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Appendix B: New Student Orientation Presentation with Links to Code of Conduct and Drug Free Schools Act

Expectations for PCC Students and Employees

Student Code of Conduct & Academic Integrity Code

- The Student Code of Conduct provides you with information about your responsibilities as a student regarding appropriate behavior and respect for others in the College community as well as acts and omissions relating to academic conduct.
- View the [Student Code of Conduct](#) and the [Academic Integrity Code](#)

Title IX & Sexual Harassment

- Pima is committed to maintaining an environment for work and education which is free of discrimination. Title IX is a federal law that protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. PCC meets Title IX standards by operating in a nondiscriminatory manner. Some key issue areas related to Title IX are: recruitment, admissions, and counseling; financial assistance; athletics; sex-based harassment; treatment of pregnant and parenting students; discipline; and employment.
- [Click here to report a Title IX concern](#)
- Learn more about [Title IX rights and complaint processes](#) & [PCC's Sexual Harassment policies](#)

Drug-Free Schools & Communities Act

- At PCC, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees is prohibited.
- Annual Notification: Read the [Drug- and Alcohol-Free Environment Notification](#)

Expectations for Students & Employees

PCC provides a safe and stimulating environment for the exchange of knowledge. We encourage reasoned discussion, intellectual honesty, and a respect for the rights of all persons. Pima expects all students and employees to conduct themselves in a manner that respects and treats all others with dignity, whether on- or off-campus, and maintains safety for everyone. For more information, go to PCC's website <https://pima.edu/student-resources/student-policies-complaints/index.html> and familiarize yourself with

- The Student Code of Conduct and Academic Integrity Code
- Title IX and Sexual Harassment
 - If you are impacted by sex- or gender-based discrimination, harassment, or assault during this time, Title IX protects you and there are Pima staff dedicated to this service.
- The Drug-Free Schools and Communities Act

Expectations for Pima Students and Employees

Pima CC expects all employees and students to conduct themselves in a manner that respects and treats all others with dignity, whether on- or off-campus, and which maintains the safety of others surrounding them regardless of their role, race, skin color, nationality, gender identity, ability, first language, age, religion, veteran status, sexual orientation, immigration status, beliefs, values, personal experiences, and preferences, cultural, and socioeconomic backgrounds, and worldviews.

Student Code of Conduct & Academic Integrity Code

- The Student Code of Conduct provides you with information about your responsibilities as a student regarding appropriate behavior and respect for others in the College community as well as acts and omissions relating to academic conduct.
- View the [Student Code of Conduct](#) and the [Academic Integrity Code](#)

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- Pima is committed to maintaining an environment for work and education which is free of discrimination. Title IX is a federal law that protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. PCC meets Title IX standards by operating in a nondiscriminatory manner. Some key issue areas related to Title IX are: recruitment, admissions, and counseling; financial assistance; athletics; sex-based harassment; treatment of pregnant and parenting students; discipline; and employment.
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Drug-Free Schools & Communities Act

- At PCC, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees is prohibited.
- Annual Notification: Read the [Drug- and Alcohol-Free Environment Notification](#)

There are several other documents explaining expectations for employee and student behavior. We do not expect you to read them all now, but want you to know that these exist, and have been put into place for your protection.

- [Affirmative Action and Equal Employment Opportunity](#)
- [Rights and Responsibilities for Students with Disabilities](#)
- [Use of Names](#)

Complaint Process for Students Experiencing any Violation of Rights and Responsibilities

If you experience a violation of any of these codes or policies, Pima CC is committed to resolving questions and concerns about PCC students, staff, policies, procedures, or other actions or inactions of the College, and has instituted a [complaint process](#) to help you resolve these issues.

Have comments, feedback, ideas or concerns about diversity at Pima Community College?

Contact (520) 206-7215 or pcc-diversity@pima.edu

Accessibility and Accommodations

If you require accommodations for any course or activity at Pima, contact Access & Disability Resources (ADR) at ADRHelp@pima.edu to coordinate these services.

Student Resources

[Access & Disability Resources](#)
[Advising](#)
[Ask Aztec](#)
[Counseling](#)
[Graduation](#)
[Student Policies & Complaints](#)
[Academic Standards](#)
[Class Attendance](#)
[Complaint Processes](#)
[FERPA](#)
[Title IX](#)
[Behavioral Assessment Team](#)
[Use of Chosen Name and Personal Pronouns](#)
[Student Activities](#)
[Support Services](#)
[Transferring from Pima](#)
[Voter Information](#)



Student Policies & Complaints

PCC provides a safe and stimulating environment for the exchange of knowledge. We encourage reasoned discussion, intellectual honesty, and a respect for the rights of all persons.

Student Handbook

The Student Handbook is a tool to help you succeed at Pima Community College. This handbook is a valuable resource guide you to the many services and programs offered at Pima Community College. Consult it if you have a question, concern, or employee. We are here to help you.

[Open the Student Handbook](#)

Student Code of Conduct & Academic Integrity Code

The Student Code of Conduct provides you with information about your responsibilities as a student regarding appropriate behavior and respect for others in the College community as well as acts and omissions relating to academic conduct.

View the [Student Code of Conduct](#) and the [Academic Integrity Code](#)

To report a possible violation of these codes, please complete the [Incident Report form](#).

Title IX & Sexual Harassment

Pima is committed to maintaining an environment for work and education which is free of discrimination.

Title IX is a federal law that protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. PCC meets Title IX standards by operating in a nondiscriminatory manner. Some key issue areas related to Title IX are: recruitment, admissions, and counseling; financial assistance; athletics; sex-based harassment; treatment of pregnant and parenting students; discipline; and employment.

[Click here to report a Title IX concern](#)

Learn more about

- [Title IX rights and complaint processes](#)
- [PCC's Sexual Harassment policies](#)

Related Material

- [Report a Student of Concern](#)
- [Academic Standards](#)
- [Class Attendance & Participation](#)
- [Affirmative Action / Equal Employment Opportunity](#)
- [Drug-Free Schools & Communities Act](#)
- [Family Educational Rights & Privacy Act \(FERPA\)](#)

- [Rights & Responsibilities of Students with Disabilities at PCC](#)
- [Traffic Regulations](#)

Contact Us

For Student Conduct or Title IX questions, please contact our office:

Diane Deskin

Advanced Program Manager for Student Conduct and Title IX
sddeskin@pima.edu | 520-206-7120

Staci Shea

Assistant Program Manager for Student Conduct and Title IX
sshea1@pima.edu | 520-206-7028




 4905 E. Broadway Blvd.
 Tucson, AZ 85709-1010

 (520) 206-4500
 1-800-860-PIMA



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Appendix C: PCC Summary of Drug Free Schools and Campus Act information

The page below is available on the [Pima.edu](https://www.pima.edu) website under the Student Resources tab or by clicking this link: <https://www.pima.edu/student-resources/student-policies-complaints/drug-free-schools/index.html>.

[Home](#) / [Student Resources](#) / [Student Policies & Complaints](#) / [Drug-Free Schools & Communities Act](#)

Student Resources

Access & Disability Resources

[Advising](#)

[Ask Aztec](#)

[Counseling](#)

[Graduation](#)

Student Policies & Complaints

[Academic Standards](#)

[Class Attendance](#)

[Complaint Processes](#)

[FERPA](#)

[Syllabus Supplement](#)

[Title IX](#)

[Behavioral Assessment Team](#)

[Prohibition of Smoking and Tobacco Use](#)

[Use of Chosen Name and Personal Pronouns](#)

Student Activities

[Student ID](#)

[Support Services](#)

[Transferring from Pima](#)

[Voter Information](#)



Drug-Free Schools & Communities Act

Pima Community College is committed to the Drug Free Schools and Communities Act Amendments of 1989 (Public Law 101-226, 20 U.S.C. §1145g).

Annual Notification: Read the [Drug- and Alcohol-Free Environment Notification](#)

[2023 Biennial Drug and Alcohol Review](#)

At PCC, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees is prohibited.

Violating or failing to comply with published rules and regulations of conduct on College property or during a College activity and/or being under the influence of, using, selling, possessing, or distributing any illicit drugs or alcohol on College property or as part of any of its activities is subject to disciplinary action that may include exclusion, suspension, or expulsion.

Additionally, local, state, and federal laws prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol. Conviction for violating these laws can lead to imprisonment, fine, probation, and/or assigned community service.

Students convicted of a drug- and/or alcohol-related offense will be ineligible to receive federally funded or subsidized grants, loans, scholarships, or employment. Pima Community College does fully subscribe to and cooperate with the local, state, and federal authorities in the enforcement of all laws regarding the unlawful possession, use, or distribution of illicit drugs and alcohol.

There are definite health risks associated with the use of alcohol and illegal substances. Students who experiment with drugs, alcohol, and illegal substances, or use them recreationally, may develop a pattern of use that leads to abuse and addiction. Use of alcohol and illegal substances is a major factor in accidents and injuries, and among persons between the ages of 18 and 24, it is responsible for more deaths than all other causes combined.

College officials will assist students with appropriate referrals and information concerning drug and alcohol education, counseling, treatment, or rehabilitation or reentry programs that may be available in the community. Contact the [Student Services Center](#) on any campus for information.

Appendix D: New Employee Orientation Handout on Drug Free Workplace



Section: Drug- and Alcohol-Free Environment

Adoption Date: 8/15/19

Revision Date:

Sponsoring Unit/Department: Human Resources

Drug- and Alcohol-Free Environment

It is the policy of the College to maintain a drug- and alcohol-free working environment for its employees, students and visitors. The College administration is authorized to establish regulations and procedures to affect this policy.

See [Board Policy 11.01](#) and [Administrative Procedure 11.01.01](#)

See also: [Drug- and Alcohol-Free Environment](#)

Annual Drug and Alcohol-Free Environment Notification

Under federal legislation entitled the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees." The contents of the notice contain materials and information from the previous completed academic year, 2023-2024. [Annual Drug and Alcohol-Free Environment Notification](#)

Drug Free Workplace

The Board Policy for Drug Free College can be found at: <https://www.pima.edu/about-pima/leadership-policies/policies/board-policies/docs-bp-11/bp-11-01.pdf>

The Administrative Procedure for Drug- and Alcohol-Free Environment can be found at: <https://www.pima.edu/about-pima/leadership-policies/policies/administrative-procedures/docs-ap-11/ap-11-01-01.pdf>

All employees are required to complete the online course in *MyCareerCenter: Promoting a Substance Free Workplace* as part of the College-Directed Trainings.

Contact Organizational Effectiveness & Development at 206-4706 with questions.

Employee Handbook

The [Drug- and Alcohol-Free Environment](#) policy can be found in the Employee Handbook.

Appendix E: List of Active Presentations and Programming Fall 2023-Spring 2025

Date	Name of Program	Description	Campus/ Location
8/28/23	Bagels & Badges	Learn how Campus Police can assist you as a student at PCC	Northwest
12/7/23	Badges & Bagels	Meet the Campus Police Officers and see how they protect students on campus	Northwest
1/29/24	Coffee + Donuts with Campus Police	Meet the Campus Police Officers and see how they protect students on campus	Northwest
3/11/24 3/12/24 3/13/24 3/14/24	Spring Break Alcohol Awareness Event	In collaboration with Student Life, PCC Police is hosting an alcohol safety event. Stop by to learn tips on how to keep yourself and your friends safe while drinking. There will be snacks, handouts on safe drinking practices, and the ability to perform a sobriety test while wearing beer goggles.	West Downtown Desert Vista Northwest East
4/29/24	Police & Pastries	Meet the Campus Police Officers and see how they protect students on campus	West
8/27/24	Cold Brew & Cops	Meet the Campus Liaison Officer and learn how PCC can support you in a safe experience	Northwest
8/29/24	Coffee, Tea, Donuts and Connecting with PCC Police	Meet the Campus Police Officers and see how they protect students on campus	Downtown

3/10/25 3/11/25 3/12/25 3/13/25	Spring Break Safety	Spring Break Safety and Campus Police presentation on alcohol awareness	West Desert Vista Downtown Northwest East
--	---------------------	---	---

Appendix F: Examples of AOD Posters, Events, or Advisories



Spring Break Safety

- Date and Time**
Monday, March 10 2025 at 9:00 AM MST to
Thursday, March 13 2025 at 4:00 PM MST
[Add To Google Calendar](#) | [iCal/Outlook](#)
- Location**
Pima Community College

Description

Student Life invites all Pima College students to stop by their Student Life Centers the week before Spring Break for HIV/STI testing, safe sex supplies, and harm reduction education to ensure a safe spring break! We will be partnering with our campus police department for an educational presentation on alcohol awareness. Did you know that your Student Life Center offers free hygiene items, period products and safe sex supplies? You are welcomed and encouraged to utilize these resources all year round! Our East, West, Downtown and Desert Vista campuses will also have the Pima County Mobile Health Clinic available offering services. Check out all the details below!

Feel like our Spring Break Safety is missing something? Let us know! Student Life welcome all feedback from students to help us improve our programming and meet the needs of our student body. Email pcc-studentlife@pima.edu to share your thoughts!

Monday March 10

- West Campus: Pima County Mobile Health Clinic 9:00 am - 12:00 pm offering HIV & STI Testing, resources, and reproductive health services. Pima College Academic Success Counselors will also be available to provide further support, and answer questions.
- Free hygiene items, period products and safe sex supplies in all Student Life Centers

Tuesday March 11

- Downtown & Desert Vista Campus: Pima County Mobile Health Clinic 9:00 am - 12:00 pm offering HIV & STI Testing, resources, and reproductive health services. Pima College Academic Success Counselors will also be available to provide further support, and answer questions.
- Northwest Campus: PCC Alcohol Awareness presentation from 9:00 am - 10:00 in Student Life D201.
- East Campus: PCC Police Alcohol Awareness presentation from 11:00 am - 12:00 pm in Student Life E6-618
- Free hygiene items, period products and safe sex supplies in all Student Life Centers

Wednesday March 12

- East Vista Campus: Pima County Mobile Health Clinic 1:00 pm - 4:00 pm offering HIV & STI Testing and resources. Pima College Academic Success Counselors will also be available to provide further support, and answer questions.
- Desert Vista Campus: PCC Police Alcohol Awareness presentation from 9:00 am - 12:00 pm in Student Life F105
- Free hygiene items, period products and safe sex supplies in all Student Life Centers

Thursday March 13

- Free hygiene items, period products and safe sex supplies in all Student Life Centers



Spring Break Alcohol Awareness Event @WC



Date and Time

Monday, March 11 2024 at 11:00 AM MST to
Monday, March 11 2024 at 1:00 PM MST

Add To [Google Calendar](#) | [iCal/Outlook](#)



Location

West Campus, Building C, Bookstore Lobby
2202 W Anklam Rd

[View Map](#)

Description

In collaboration with Student Life, PCC Police is hosting an alcohol safety event. Stop by to learn tips on how to keep yourself and your friends safe while drinking. There will be snacks, handouts on safe drinking practices, and the ability to perform a sobriety test while wearing beer goggles.

Spring Break Alcohol Awareness Events

Desert Vista Campus | Tuesday, March 12 | 10am-12pm | Atrium
Downtown Campus | Monday, March 11 | 8am-10am | CC building by Bookstore
East Campus | Thursday, March 14 | 11am-1pm | Building L Game Area
Northwest Campus | Wednesday, March 13 | 11am-1pm | 1st level outside building B
West Campus | Monday, March 11th 11am-1pm | Building C Bookstore lobby

Perks



Free Stuff

Appendix G: Examples of Employee Training

College Directed Training:

“Promoting a Substance-free Workplace”

Format:	Last Updated:	Duration:	Target Audience:
Web Based	10/05/2023	21 minutes	All PCC Employees

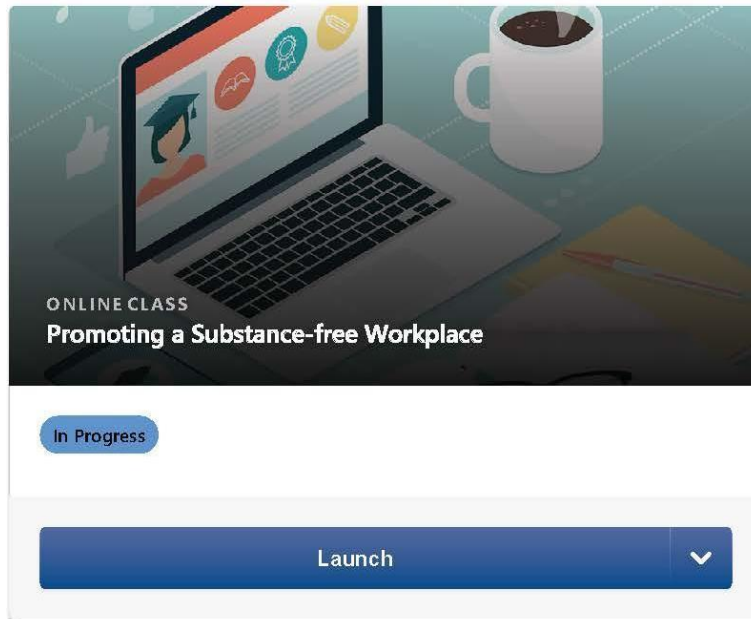
ONLINE CLASS

Promoting a Substance-free Workplace

Last Updated 10/05/2023 Duration 21 minutes

Details

Substance abuse is a pervasive problem in society, so it's no surprise that it carries over into the workplace. Substance abusers are more likely to be late or absent from work, change jobs frequently, be less productive, and be involved in workplace accidents. They also tend to have other personal problems outside of work as a result of the substance abuse, which further impairs their ability to concentrate on their work. Successful substance-free workplace programs can result in decreased absenteeism, fewer accidents, less downtime, reduced turnover, and fewer incidents of theft, as well as improving morale and productivity for all employees. This course is designed to provide employees and supervisors with an understanding of the benefits of a substance-free work environment, to help them understand the impact substances have in the workplace and recognize signs of employee substance abuse. This course was developed with subject matter support provided by the Labor & Employment Law Group of the law firm of Baker, Donelson, Bearman, Caldwell & Berkowitz, PC. Please note, however, that the course materials and content are for informational purposes only and do not constitute legal advice. Nothing herein, or in the course materials, shall be construed as professional advice as to any particular situation or constitute a legal opinion with respect to compliance with any federal, state, or local laws. Transmission of the information is not intended to create, and receipt does not constitute, an attorney-client relationship. Readers should not act upon this information without seeking professional counsel. The information contained herein is provided only as general information that may or may not reflect the most current legal developments. This information is not provided in the course of an attorney-client relationship and is not intended to constitute legal advice or to substitute for obtaining legal advice from an attorney licensed in your state.



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Details:

Part of the New Employee College-led training, this course encourages employees to prevent substance abuse in the workplace. It also provides recommendations for addressing suspected substance abuse, and provides resources relating to HR and Employee Services. All employees must complete their training within 30 days of hire.

“Department of Transportation: Reasonable Suspicion (Drug and Alcohol Awareness)”

Format: **Last Updated:** **Duration:** **Target Audience:**

- Home
- EmployeeConnect
- Learning
- Performance
- Recruit
- Internal Jobs

ONLINE CLASS

DOT: Reasonable Suspicion (Drug and Alcohol Awareness)

Last Updated 06/24/2024 Duration 2 hours, 32 minutes

Details

Drug and alcohol abuse by employees is a common cause of serious workplace problems faced by American companies and organizations today, including accidents and ineffective work practices. Beyond the financial burden of increased insurance costs, loss of income, and compensation payments, substance use on the job can result in life-changing injuries or fatalities. Several US laws have been enacted to combat drug and alcohol abuse in the workplace. The Department of Transportation (DOT) interprets these laws and provides employers who are responsible for transportation employees with guidelines for setting up effective drug-free programs. Employers rely on supervisors to implement these guidelines; for example, through being vigilant in identifying and addressing instances of workplace substance abuse and alcohol misuse. In particular, supervisors of safety-sensitive employees must monitor staff members to determine whether or not there are sufficient grounds to refer the individuals for a reasonable-suspicion drug or alcohol test, and then follow the required testing procedures. This course explores the causes, indicators, and consequences of alcohol misuse and substance abuse in the US transportation industry. It describes the US laws that relate to drug and alcohol testing of transportation employees and outlines DOT regulations that enforce compliance among transportation employers. The course also discusses the supervisor's role in referring employees for testing based on a reasonable suspicion that a safety-sensitive worker is using or under the influence of alcohol or drugs while on duty. DOT Federal Motor Carrier Safety Administration regulation 49 CFR Part 382.603 (Alcohol Misuse and Controlled Substances Use Information, Training, and Referral - Training for

This course identifies the causes, indicators, and resultant problems of substance abuse and substance dependency in the US transportation industry. It describes federal laws







[Home](#)
[EmployeeConnect](#)
[Learning](#)
[Performance](#)
[Recruit](#)
[Internal Jobs](#)

Show All

Training
Clear









Forms

Training results (9)



Recognizing Drug & Alcohol Impairment (FY23)

Event | Pima Employee Development | \$0.00

Zoom Link: Join Zoom Meeting<https://pima.zoom.us/j/96843036363> Meeting ID: 968 4303 6363 One tap mobile+16694449171,,96843036363# US+16699006833,,96843036363# US (San Jose) Prerequisites: none Target Learners: Any employee with supervisory responsibility Description: This workshop will cover relevant definitions as ...



DOT: Reasonable Suspicion (Drug and Alcohol Awareness)

Online Class | SkillSoft | \$0.00

Drug and **alcohol** abuse by employees is a common cause of serious workplace problems faced by American companies and organizations today, including accidents and ineffective work practices. Beyond the financial burden of increased insurance costs, loss of income, and compensation payments, substance use on the job can result in life-changing injuries...



(VIDEO) Increased Alcohol Use During the Pandemic

Online Content | Percipio-US | \$0.00

On the Mayo Clinic Q&A podcast, Dr. Victor Karpyak, a Mayo Clinic psychiatrist and addiction researcher, discusses **alcohol** use and the warning signs that drinking may be a problem. (Published 10/12/2020)



DOT: Drug and Alcohol Regulation Awareness for CDL Employees

Online Class | SkillSoft | \$0.00

Driving under the influence of drugs or **alcohol** can lead to serious accidents. The US Department of Transportation (DOT) drug and **alcohol** testing regulations for Commercial Driver Licensed (CDL) employees are contained in 49 CFR Part 382, and 49 CFR Part 40. This course is designed to educate CDL employees about the indicators and consequences of s...



Title IX Short: Sexual Assault Prevention – Alcohol and Drugs

Online Class | SkillSoft | \$0.00

Alcohol and drugs are a contributing factor to sexual assault on college campuses. This course takes a look at this connection and the statistics. You will learn about the dangers associated with drinking, as well as methods to stay safe when **alcohol** may be involved. You will also learn about drug-facilitated sexual assault and ways you can stay sa...



(AUDIOBOOK) Alcoholics Anonymous: The Landmark of Recovery and Vital Living

Online Content | Percipio-US | \$0.00

This audio edition is suited to newcomers who are first encountering its ideas, veterans looking for a refresher, and anyone curious about this classic of spiritual self-renewal. Read by the author.



(COURSE) Mayo Clinic Q&A: Increased Alcohol Use During the Pandemic

Online Content | Percipio-US | \$0.00

According to an article in the journal JAMA Network Open, American adults report they are drinking 14% more often during the COVID-19 pandemic. While the research didn't determine why drinking frequency has increased, health experts worry that people are turning to **alcohol** to cope with the stress, anxiety, and isolation caused by the pandemic. (Pub...



Drug-Free Workplace (FY24)

Event | Pima Employee Development | \$0.00

Zoom Link: Join Zoom Meeting<https://pima.zoom.us/j/96843036363> Meeting ID: 968 4303 6363 One tap mobile+16694449171,,96843036363# US+16699006833,,96843036363# US (San Jose) Prerequisites: none Target Learners: Supervisors and current participants in the Supervision in the 21st Century course only Description: This course will review...



(VIDEO) Exam Content 2018: Substance Use and Abuse

Online Content | Percipio-US | \$0.00

After completing this video, you will be able to distinguish the difference between handling employees with **alcohol** or drug abuse issues.



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Appendix H: Community Counseling Student Resources [Webpage](#) and Additional Student Resources

Home / Student Resources / Counseling

Student Resources

Access & Disability Resources
Advising
Ask Aztec
Counseling
Graduation
Student Policies & Complaints
Student Activities
Student ID
Support Services
Transferring from Pima
Voter Information



Counseling

Information and Resources

Pima Community College (PCC) counselors use professional resources at PCC as well as local and national organizations to support you during your time at Pima.

Counselors can provide assistance with:

- [Personal Challenges](#)
- [Academic Success](#)

Learn more by watching the [Academic Success Counseling video](#).

We also provide career counseling. Please visit our [Career Resources page](#) for more information.

Personal Challenges

Pima counselors are available to meet with you during business hours (Mon.-Fri., 8 a.m.-5 p.m.), on a short term basis to discuss personal counseling concerns and to connect you to community resources as needed.

If you'd like more information about PCC counseling and/or non-PCC immediate crisis response resources, please fill out our [CARE Report form](#).

Before you meet with a counselor, please review the [PCC Counseling Acknowledgement Form](#). The counselor will review this form with you at your first meeting.

We can also help with referrals for these areas:

- Substance abuse
- Anger management
- Relationships
- Sexual abuse or assault

Immediate Crisis Support

If you need immediate crisis support, please contact the following hotlines and call centers:

Contact Us

Desert Vista: 520-208-5000

Downtown: 520-208-7171

East: 520-208-7000

Northwest: 520-208-2200

West: 520-208-8600

Related Resources

- [Academic Advising](#)
- [Career Resources](#)
- [Health, Wellness and Safety](#)
- [Support Services](#)
- [Tutoring](#)

- **Safety or Medical Emergency:** Dial 911 in the United States
- **National Domestic Violence Hotline:** 1-800-799-7233 (toll-free)
- **National Suicide Prevention Hotline:** 1-800-273-8255 (toll-free)
- **988 Suicide & Crisis Lifeline**
- **Crisis Counselors Call Center** (24-hour crisis line): 1-800-273-8255 (toll-free) or text "ANSWER" to 839883
- **Crisis Response Center** (local, free immediate crisis intake): 520-301-2400

PCC Student Wellness Assistance Program

Pima cares about your wellness - from time management to personal issues, from childcare to finances. Use the Student Wellness Assistance program to find online resources or connect to a counselor 24x7.

The Student Wellness Assistance Program is free to PCC students for up to 6 sessions, per issue, per year. Contact 1-833-251-9941 for more information.

To access the program:

- Go to the MyPima Students Tab > Student Resources > Student Wellness Assistance. (If you are logged into your MyPima account and go to Student Resources, you will see Student Wellness Assistance about halfway down the page. There are hundreds of resources here for self-help and support.)

Additional Resources

- [Community Food Bank of Southern Arizona](#)
- [City of Tucson Eviction Prevention](#)
- [All About Counseling](#)
- [2-1-1 Arizona](#)

Dial this phone number (2-1-1) for 24/7 help or visit the website to get free assistance in identifying resources locally and throughout the state such as:

- Supplemental Food and Nutrition Programs
- Shelter and Housing Options
- Utilities Assistance
- Emergency Information and Disaster Relief
- Employment and Education Opportunities
- Services for Veterans
- Healthcare, vaccination and health epidemic information
- Addiction Prevention and Rehabilitation Programs
- Re-entry help for ex-offenders
- Support groups for individuals with mental illnesses or special needs
- A safe, confidential path out of physical and/or emotional domestic violence

Academic Success

Counselors are also available to help you develop strategies for academic success, including:

- Study habits and test-taking
- Memory and concentration
- Time and stress management

PCC: STUDENT HEALTH, WELLNESS AND SAFETY [WEBPAGE](#)

 **PimaCommunityCollege**

Academics & ProgramsAdmissionPaying for CollegeStudent ResourcesAbout Pima

Home / Student Resources / Support Services / Health, Wellness & Safety

Student Resources

- Access & Disability Resources
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 - College Success Coaching
 - Computing Resources
 - Digital Literacy Guides
 - Health, Wellness & Safety**
 - Public Safety
 - Fitness Centers
 - Dental Hygiene Clinic
 - SNAP CAN
 - Monarch Student Resources
 - Request a Transcript
 - Registration, Records, and Residency
 - Transportation
 - TRiO
 - Veterans Centers
- Transferring from Pima
- Voter Information

Health, Wellness and Safety

Your overall well-being is very important to us. If you need help, please reach out right away:

Issue	What to do
Medical or safety emergency	Call: 911
Mental health or personal crisis	Call: Community crisis line at 520.622.6000
Other concerns and agency referrals	Call: Community information & referral services within Arizona at 211

You may also call [College police](#) at 520.208-2700.

Counseling and community referrals

College Counselors

[PCC counselors](#) can help you with personal issues and find community resources for assistance. There are counseling offices on all PCC campuses, and you may call or contact one online.

PCC Student Wellness Assistance Program

Pima cares about your wellness - from time management to personal issues, from childcare to finances. Use the Student Wellness Assistance program to find online resources or connect to a counselor 24x7.

» » Go to the MyPima Students > [Student Resources](#) page to get started.

Community Information and Referral Services

This Tucson organization acts as a public guide to community programs throughout Southern Arizona. For personal and family aid, call 1-800-352-3792.

JED Foundation

[JED Foundation](#) has online resources for information on suicide prevention, drugs and mental health.

PCC Alert

PCC's [emergency notification system](#) provides texts to the PCC community. Sign up today.

Stay Safe!

The [College Police website](#) contains additional information about safety on- and off- campus

Affordable Care Act

Find information about enrollment, costs and coverage options at: [Healthcare.gov](#) or [CuidadoDeSalud.gov](#) or call 1-800-318-2596 (TTY 1-855-889-4325)

JED Foundation

[JED Foundation](#) has online resources for information on suicide prevention, drugs and mental health.

Health care resources

First aid is available on all campuses at our [Police Department](#) offices.

For dental care, our [Dental Hygiene Clinic](#) provides low-cost therapeutic and preventive services. Care is completed by Pima dental students under the supervision of licensed dentists and dental hygienists. Adults and children are welcome.

Food and Hygiene Resources

PCC ARC Resource Center and Food Pantry

PCC West and Desert Vista campus ARC Resource Centers offer food bags and hygiene items to any currently enrolled Pima student. Students are eligible to come and receive a food bag once per week during hours of operation. No other qualifications are required.

For all current Pima students:

Visit <https://pima.campuslabs.com/engage/organization/ARC> for more information.

Breastfeeding and pumping rooms

Nursing mothers can make a reservation to use a lactation room found on Pima campuses.

PCC: STUDENT WELLNESS ASSISTANCE (SAP) RESOURCES EXAMPLES

[Homepage](#) | [Counseling](#) | [Thriving](#) | [Career](#) | [Balancing](#) | [Living](#) | [Parenting](#) | [Aging](#) |

To speak with a licensed counselor, call us toll-free at **833-251-9941**.

SEARCH RESULTS

Your search term(s) was alcohol

Articles

Alcohol use disorder **99.1%**

Alcohol intolerance **95.9%**

Eating Healthy: Key Topics **95.5%**

Hangovers **95.4%**

Alcohol and Sleep **95.3%**

Red wine and resveratrol: Good for your heart? **94.7%**

Talking to Your Teen About the Risks of Binge Drinking **94.7%**

Alcohol use: Weighing risks and benefits **94.3%**

Alcoholic hepatitis (Alcohol-associated hepatitis) **92.2%**

Alcohol Myths **92%**

Teen drug use: Help your teen avoid drugs and alcohol. **91%**

How Drinking Affects Performance **90.2%**

Ways to Cut Back Your Drinking **89.5%**

When Someone You Care About Engages in Risky Substance Use **89.4%**

Pregnancy nutrition: Foods to avoid during pregnancy **88%**

Are You Using Drugs or Alcohol to Cope with Depression or Anxiety? **87.7%**

Heart-Healthy Lifestyle Changes (Part 1): Eating **86.8%**

Managing an Employee in Recovery from a Substance-Use Problem **84.5%**

Support a Coworker in Recovery from a Substance-Use Problem **84.5%**

Homepage Counseling Thriving Career Balancing Living Parenting Aging International

To speak with a licensed counselor, call us toll-free at 833-251-9941.

SEARCH RESULTS

Your search term(s) was substance use

Articles

For Managers: Recognizing and Dealing with an Alcohol- or Substance-Use Problem at Work **92.2%**

When Someone You Care About Engages in Risky Substance Use **91.3%**

Understanding Addictive Behavior **86.1%**

Support a Coworker in Recovery from a Substance-Use Problem **85.5%**

Managing an Employee in Recovery from a Substance-Use Problem **84.7%**

Understanding Dual Diagnosis **84%**

Keeping Healthy Boundaries When Supporting Someone with a Substance Use Issue **78.1%**

When Your Loved One Is Resistant to Seeking Drug or Alcohol Treatment **75.6%**

For Managers: Responding to a Workplace Crisis Involving Alcohol or Substance Use **74.9%**

Schizoaffective disorder **74.6%**

Are You Using Drugs or Alcohol to Cope with Depression or Anxiety? **73.5%**

Teen drug use: Help your teen avoid drugs and alcohol. **72.2%**

Support a Person Who Is Grieving the Loss of a Life **68.1%**

Drug addiction (substance use disorder) **67.9%**