



PimaCommunityCollege

PIMA COMMUNITY COLLEGE

Biennial Review of Drug and Alcohol Policy and Prevention Program

For Academic Years 2021-22 and 2022-23

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Pima Community College Biennial Review of Drug and Alcohol Policy and Prevention Program

Introduction to Drug-Free Schools and Communities Act (DFSCA)

The following report complies with the 1989 amendments to the Drug-Free Schools and Communities Act (DFSCA), as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86,1—the Drug-Free Schools and Campuses Regulations. Part 86 pertains to “Drug and Alcohol Abuse Prevention.”

In accordance with the Drug-Free Schools and Campuses Regulations, Pima Community College is required to conduct a biennial review of our alcohol and other drug (AOD) policies and programs to determine program effectiveness and consistency of policy enforcement and to identify and implement any changes needed to the Pima Community College (PCC or College) alcohol and other drug (AOD) programs.

Responsibility for Conducting the PCC Biennial Review

As per Board Policy BP 11.01.01 – Drug Free College: The Chancellor or designee shall conduct a biennial review of the College’s programs to determine their effectiveness, implement changes as needed, and ensure that disciplinary sanctions are consistently enforced.

The PCC Drug Free Schools and Campuses Act Biennial Review Committee is responsible for overseeing Biennial Reviews. The committee is led by the PCC Department of Public Safety and involves representatives from General Council Office, Student Affairs, Student Counseling and Advising, Human Resources, and Employee Service Center,

If requested, PCC will make available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the Biennial Review. Copies of the Biennial Review will be available at the Pima Community College Office of the Chancellor, Provost Office, Human Resources, and the Department of Public Safety (Campus Police).

The Biennial Review Committee (BRC) met on June 18th, 2024, to review the effectiveness of Pima Community College Drug and Alcohol Prevention Program (DAAPP) and the consistency of policy enforcement for the PCC 2021 and 2022 academic years.

The BRC is comprised of:

Chairperson

Irene Robles-Lopez

Vice Chancellor for Student Experience

Committee members

Phil Burdick

Vice Chancellor for External Relations

Seth Shippee

Deputy General Counsel, PCC General Council Office

David Parker

Exec Dir, Enterprise Risk Management, Ethics and Compliance

Suzanne Desjardin

Vice President for Student Affairs Title IX Coordinator

Tina Neil

Assistant Vice Chancellor, Human Resources

Linda Trivitt

Program Manager, Employee Service Center – Wellness

Michelle Nieuwenhuis

Chief of Police

Bruce Westberg

Clery Compliance Officer, Emergency Manager Safety

David Donderewicz

Executive Director, Financial Aid and Scholarships

The Biennial Review Committee met virtually on June 18th, 2024 at 11:00am. The Biennial Review document was shared for review on June 25th, 2024 and updated with a deadline for edits on June 26th, 2024.

Objectives of the Biennial Review Committee

The objectives of the Biennial Review Committee, as outlined by the U.S. Department of Education's Complying with the Drug-Free Schools and Campuses Regulations manual, are

- To determine the effectiveness of, and to implement any needed changes to, the PCC Drug and Alcohol Prevention Program, including current policy, enforcement measures, prevention and intervention programming; and
- To ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

PCC Policies Addressing AOD Use and Abuse

Board Policy, BP 11.01, Drug-Free College, was revised November 10th, 2021. Administrative Procedure, AP 11.01.01, Drug-and Alcohol-Free Environment, was revised May 20th, 2022. The procedure focuses on impairment versus use. Monitoring will vary depending upon job position and safety standards. The policies can be found at:

<https://www.pima.edu/about-pima/leadership-policies/policies/board-policies/docs-bp-11/bp-11-01.pdf>

<https://www.pima.edu/about-pima/leadership-policies/policies/administrative-procedures/docs-ap-11/ap-11-01-01.pdf>

Drug and Alcohol Abuse Prevention Program and Notification

To facilitate the review, the Biennial Review Committee adapted the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist. The results of the checklist review and discussion are provided in this report.

PCC maintains an electronic copy of the institution's Annual Drug- and Alcohol-Free Environment Notification on the Pima.edu website at:

<https://pima.edu/student-resources/student-policies-complaints/drug-free-schools/drug-and-alcohol-free-environment-notification.pdf>

PCC provides annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, an email containing links to the institution's Annual Drug- and Alcohol-Free Environment Notification. The notification contains the following information as required in Part 86, item #2 as follows:

- Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of applicable legal sanctions under local, state, or federal law
- A description of applicable counseling, treatment, or rehabilitation or reentry programs
- A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions

The notifications for the review period were sent as follows:

- From Carleen Thompson, Assistant Vice Chancellor, Human Resources and Dolores Durán-Cerda, Provost and Executive Vice Chancellor for Academic Affairs via email titled "Pima Community College's Drug- and Alcohol-Free Environment Notification" to all employees, November 17th, 2022.
- From Jeff Thies, Provost and Executive Vice Chancellor for Academic Affairs (Acting) via email titled "Pima Community College's Drug- and Alcohol-Free Environment Notification" to all employees October 3rd, 2023.
- See [Appendix A](#) for copies of these email notifications.

The committee agrees that the method of distribution provides adequate assurance that each student receives the materials annually. PCC's distribution plan does make provisions for providing these materials to students who enroll at some date after the initial distribution as follows:

- Included in New Student Orientation with links to Student Code of Conduct and Drug Free Campus Information. (See [Appendix B: New Student Orientation with Links to Code of Conduct and Drug Free Schools Act](#))
- PCC web page with summary of Drug Free Schools and Campus Act information. (See [Appendix C: PCC Summary of Drug Free Schools and Campus Act information](#))

The committee agrees that the method of distribution provides adequate assurance that each employee receives the materials annually. New employees are provided a handout with links to the PCC AOD policies. (See [Appendix D: New Employee Orientation Handout](#) with links to the Drug-Free Campus Information).

Measuring Drug and Alcohol Abuse Prevention Effectiveness

PCC, in partnership with University of Arizona Public Health Services, conducted campus climate surveys during the 2012, 2014, 2016, 2018 and 2022 spring semesters to assess alcohol and other drug use trends and campus life needs, and developed AOD abuse prevention programs.

See [Appendix E: AZIHE Online Survey 2012 – 2022 All Institutions](#), for survey results of student’s drug and alcohol use and policy opinions.

Programs Addressing AOD Use and Abuse

Active presentations programs for students coordinated by Student Life and Counselors:

- Know Your Limits: Spring Break Alcohol Awareness & Safety Tabling Event
- Safe Spring Break
- Health & Wellness Fairs
- Donuts with DPS - focus on safety
- See [Appendix F: List of Active Presentations and Programming](#)

Passive-programming includes informational literature distributed during events that are available post-event in the Student Life Centers. Additional communication includes awareness advisories. See [Appendix G: Examples of AOD Prevention Posters, Events, Advisories](#)

New employees are required to complete College Directed training within the first 30 days of hire. Additional programming is provided for current employees. Active presentation programming for employees is coordinated by Human Resources and provided by additional departments

Name/Format	Target Audience	Description
Promoting a Substance-free Workplace Updated 10/5/23, Web based	All new employees within 30 days of hire, and current employees.	A full description of this training is available, see Appendix H: Examples of Employee Training
Department of Transportation: Reasonable Suspicion (Drug and Alcohol Awareness) On-demand, Web based	All transportation employees; safety-sensitive transportation employees; service agents	A full description of this training is available, see Appendix H: Examples of Employee Training

Pima Community College Police Department (PCCPD) efforts to support training, education, awareness and prevention of AOD related offenses include:

- Annual publication of the Campus Crime and Security Report
- Automatic referral of all AOD offenses to the Dean of Students office for intervention and/or Student Code of Conduct
- AOD policy and safety awareness training to key groups on campus, including International Students, new employees, and supervisors
- Participation with the Southern Arizona DUI task force with enforcement of driving under the influence laws throughout Tucson in addition to campus enforcement.
- College community awareness programs such as:
 - Choose Your Ride: Outreach program to discourage drunk driving. Outreach efforts include presentations, safety fairs, and public area displays. Activities include the use of alcohol impairment goggles that simulate the effects of alcohol consumption on the body.

Alcohol-Free Activities to Support Prevention: In addition to employee training provided, PCC offers a broad range of alcohol-free activities that involve student clubs and organizations, academic opportunities, social programs, cultural events and others. Some of these activities specifically target evening, and weekend audiences so as to divert high-risk weekend drinking into pro-social activities.

AOD Information and Available Services for Students and Employees

- PCC College Counselors:
 - Help with personal issues and with finding community resources for assistance. There are counseling offices on all PCC campuses.
 - Can meet students who are in recovery and utilizing treatment services, or who were arrested for an offense related to substance abuse.
 - Assist students who are trying to balance life, study, and work obligations.
 - Participate in Drug and Alcohol Events to raise awareness.
 - Work with Student Life, to bring awareness to these issues, and provide resources.
 - Address concerns about impairment while on campus.
 - Discuss substance abuse issues in Student Success classes.
 - Provide referral resources for students who need them.
- Community Information and Referral Services - 1-800-352-3792.
 - This Tucson organization acts as a public guide to community programs throughout Southern Arizona.
- ULifeline - <http://www.ulifeline.org/main/Home.html>

- ULLifelines an online resource for information on suicide prevention, drugs and mental health. Just select "Arizona", then "Pima Community College" to get information and contacts to help with the stresses of college life.
- PCC Community Counseling Student Resources are available on the PCC Counseling website (<https://pima.edu/student-resources/counseling/index>) and additional resources via the Student Wellness Assistance Program (Student Assistance Program)
 - See [Appendix I: Community Counseling Student Webpage and Additional Resources](#)
- Employee Assistance Program
 - Jorgensen/Brooks Group Confidential help is available for a wide range of personal and work related issues. Jorgensen/Brooks EAP provides confidential assessment and brief counseling for issues such as substance abuse.

Alcohol and Drug Violations Enforcement Analysis

The table below shows the number of alcohol and other drug arrests and referrals for disciplinary action for the calendar years (January-December) for 2021, and 2022. The totals include students and non-students. Students who were cited on campus were also referred to the Code of Conduct. Data includes arrests by Pima County Sheriff Department and Tucson Police Department.

Alcohol & Drug Arrests/Citations	On Campus	Public	Non-campus
2021	17	11	2
2022	34	8	1
Totals	51	19	3

- On Campus locations include all property owned or leased/rented property including off campus events, temporary housing units/common areas.
- Public locations include sidewalks, streets and opposite sidewalk, parks, and public parking immediately adjacent to a campus.
- Non-campus includes property leased or rented off campus for student use.

Student and Employee Code of Conduct Sanctions for AOD Violations

The Office of the Dean of Students is responsible for enforcement of AOD policies for students. The Human Resources office is responsible for employee conduct violations related to alcohol and drugs. The table below summarizes sanctions imposed for student and employee incidents involving alcohol and drugs that were reported to campus officials. The analysis for sanctions imposed examined data for the academic year cycle (July 1, 2021-June 30, 2022; and July 1, 2022-June 30, 2023).

Sanctions Imposed	2021-2022	2022-2023
Student Code of Conduct Sanctions		
Reprimand	0	1
Probation	0	2
Suspension	0	0
Employee Sanctions		
Reprimand	0	0
Probation	0	0
Suspension	0	0
Resigned	0	0
Terminated	0	0

Recent Developments

- Administrative procedure, AP 11.01.01, Drug and Alcohol Free Environment, was revised on May 20th, 2022. The procedure focuses on impairment versus use.
- Administrative procedure, AP 11.04.01, Prohibition of Smoking and Tobacco Use, was revised June 12th, 2024. The College continues its commitment to being a 100% Smoke-Free and Tobacco-Free institution.
- PCC recently updated the Student Code of Conduct and PCC Personnel Policy Manuals.

Challenges to the PCC AOD programs

- Downtown Campus is immediately adjacent to transient housing, drug prone locations, and alcohol retailers, resulting in increased use of drug and alcohol by local residents and necessary increase in law enforcement.
- Fentanyl is having a significant impact on our community with 51% of seizures nationwide occurring in Arizona. Increasingly, counterfeit Fentanyl pills contain lethal doses of illicit substances.
- Recreational cannabis passed in Arizona by ballot initiative in November 2020, and was legalized in 2021. Additional outreach and education on the policy and legal issues around this topic should be pursued.
- PCC does not have regular on-campus housing resulting in less interaction with its students.
- PCC Student Affairs continue to collaborate with University of Arizona Campus Health Services regarding use and administration of intermittent student surveys and discussion around programming for alcohol and other drug abuse awareness and prevention.

AOD Program and Policy Effectiveness

Are the current alcohol and other drug programs in place at PCC effective in preventing and reducing the illegal use of alcohol and other drugs on campus?

- Trend survey data across institutions from the last survey administration in 2018 to the most recent survey administration in 2022 were reviewed. In looking at survey participant demographics, there was an overall slight decline in total number of student survey participants.
- Female students continued to outnumber male student survey participants by nearly double (61.7% to 32.7% respectively) while the transgender and other categories of student participants increased by 7% and together totaled 8.9%. In 2018 male student participants were 31%, female student participants were 67.4% and transgender and other student participants totaled 1.6%.
- In comparing total student reported alcohol consumption within a 30 day period from 2018 (58.1%) to 2022 (54.1%) a decline of 4% is noted.
- Most significantly across institutions, total student participants reported a 13.4 % decline in receiving information about alcohol and other drug use from their college/university (2018 was 68.8% as compared to 55.4% in 2022). This information indicates the College needs to bring more awareness and information to our programming and educational efforts to students.
- On a positive note, when asked how confident students feel about getting help if they or a friend have mental health, relationship, or alcohol or other drug use issues, 58.9% of the 2022 total student survey participants indicated they were very confident in getting help as opposed to 38.3% from the 2018 survey. These results could indicate an overall awareness by students regarding the importance of mental health and well-being.

AOD Enforcement and Sanctions Review

Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at the PPC consistently enforced?

- Drug treatment referrals are not mandatory for students or employees and cannot be assessed.
- The College has enforced these policies as indicated above. Given the very low number of AOD repeat offenders, disciplinary sanctions appear to be effective.

Looking to the future

What new ideas, strategies and/or partnerships could Pima Community College pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

- Student life should continue to increase use of various social media outlets to students to promote alcohol and drug abuse prevention efforts and increase awareness regarding the policies and regulations around drug use
- Human Resources has reviewed and updated its internal procedures for drug testing employees suspected of being under the influence of drugs or alcohol. The College has maintained the procurement contract that provides drug and alcohol testing..
- Human Resources developed and implemented a mandatory training for all college leaders and managers entitled “Recognizing Drug and Alcohol Impairment in Employees”. All supervisors and managers are required to attend the training at least once. Training sessions began on February 28, 2023. Upcoming sessions are scheduled for September 12th and September 27th, 2024.
- Continue efforts to organize across departmental group to assist in the development and measurement of programming geared towards the prevention of drug and alcohol use.
- Continue to use surveys and focus groups to:
 - Assess students and employees who have been to training versus those who have not to see if the training is effective.
 - Assess the utilization and effectiveness of the programming put forth to the community.
 - Assess the ability of students and employees to be able to recognize a harmful situation.

Summary

Pima Community College meets the compliance requirements as set forth by the DFSCA. The College has established the PCC Drug and Alcohol Abuse Prevention Program, provides annual notification of the DAAPP to students and employees, offers education, prevention, and referral services, enforces the policy standards including imposing sanctions on violations of the standards of behavior, and has reviewed up updated the Drug-and Alcohol Free Environment and Code of Conduct policies.

Pima Community College will continue to assess, modify and pursue best practices to provide and maintain a safe, healthy, and productive environment for students, employees, and visitors, free from hazards associated with drug and alcohol abuse.

Irene Robles-Lopez, Chair
PCC Biennial Review Committee

Date

Dolores Duran-Cerda, Interim Chancellor

Date

Appendix A: PCC Annual Drug- and Alcohol-Free Environment Notifications



Donderewicz, David <dadonderewicz@pima.edu>

Pima Community College's Drug- and Alcohol-Free Environment Notification

1 message

Carleen Thompson, Assistant Vice Chancellor for Human Resources, and Dolores Durán-Cerda, Provost and Executive Vice Chancellor of Academic Affairs
<provost@pima.edu>

Thu, Nov 17, 2022 at 8:02 AM

To: Pima-All<Pima-All@pima.edu>



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/// Keep striving.

Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. The Act requires the annual distribution of the attached information to students and employees.

<https://pima.edu/student-resources/student-policies-complaints/drug-free-schools/index.html>

Pima Community College is an equal opportunity, affirmative action employer and educational institution committed to excellence through diversity. Upon request, reasonable accommodations will be made for individuals with disabilities. Every effort will be made to provide reasonable accommodations in a timely manner. To request accommodations, please call (520) 206-4539 or fax (520) 206-4567.



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Pima Community College | 4905 E Broadway Blvd, Tucson, AZ 85709-1145

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1/1

Pima Community College's Drug- and Alcohol-Free Environment Notification

1 message

Jeff Thies, Ph.D., Provost & Executive Vice Chancellor For Academic Affairs (Acting)

Tue, Oct 3, 2023 at 3:02 PM

<provost@pima.edu>

Subject: Pima Community College's Drug- and Alcohol-Free Environment Notification

To: "Pima-All" <Pima-All@pima.edu>

**PimaCommunityCollege**

/// Keep striving.

Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees.

The Act requires the annual distribution of the attached information to students and employees. The contents of the notice contain materials and information from the previous completed academic year, 2022-2023.

<https://www.pima.edu/student-resources/student-policies-complaints/drug-free-schools/drug-and-alcohol-free-environment-notification.pdf>

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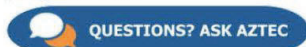
Fwd: Pima Community College's Drug- and Alcohol-Free Environment Notification

1 message

Donderewicz, David <dadonderewicz@pima.edu>
To: "seseverson@pima.edu" <seseverson@pima.edu>

Thu, Jun 20, 2024 at 5:04 PM

Sent to students as they apply to the college.

David Donderewicz, M. Ed.
Pima Community College
Executive Director of Financial Aid and Scholarships
(520) 206-4684

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----- Forwarded message -----

From: **Pima Community College Disclosures** <pcc-disclosures@pima.edu>
Date: Tue, Nov 28, 2023 at 4:31 PM
Subject: Pima Community College's Drug- and Alcohol-Free Environment Notification
To: <dadonderewicz@pima.edu>

Under federal legislation entitled the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. The Act requires the annual distribution of the attached information to students and employees.

<https://pima.edu/student-resources/student-policies-complaints/drug-free-schools/index.html>

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<https://mail.google.com/mail/u/0/?ik=6acf3d8ef7&view=pt&search=all&permthid=thread-f:1802426989923056209&simpl=msg-f:1802426989923056209...> 1/1

Fwd: Notice of Availability of Institutional and Financial Aid Information to Enrolled Students

1 message

Donderewicz, David <dadonderewicz@pima.edu>
To: "seseverson@pima.edu" <seseverson@pima.edu>

Thu, Jun 20, 2024 at 5:04 PM

The 21/22 Notice of Availability of Institutional and Financial Aid Information to Enrolled Students.

David Donderewicz, M. Ed.
Pima Community College
Executive Director of Financial Aid and Scholarships
(520) 206-4684



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----- Forwarded message -----

From: Pima Community College <public_information@pima.edu>
Date: Fri, Nov 5, 2021 at 7:04 AM
Subject: Notice of Availability of Institutional and Financial Aid Information to Enrolled Students To: <mstoddart@pima.edu>

Good morning,

The Notice of Availability of Institutional and Financial Aid Information to Enrolled Students is being sent out today to all enrolled students at the college.

In compliance with federal law, Pima Community College annually distributes to each enrolled student a notice of the availability of the information that is required to be made accessible to students under the Family Education Rights and Privacy Act of 1974 (FERPA) and for Consumer Information under HEA Sec. 485(a)(1), Sec. 485(f), Sec. 485(g), [Sec. 485(h)] and Sec. 485(j) and as amended by the Higher Education Opportunity Act of 2008 (HEOA).

The notice is sent to all students' PCC email address.

The Higher Education Opportunity Act of 2008 (HEOA) requires that postsecondary institutions participating in federal student aid programs make certain disclosures to students. The following information is disclosed to you as a student at Pima Community College, in compliance with federal law and other laws.

Assistance in Obtaining Institutional or Financial Aid Information

Institutional Contact Information:

<https://www.pima.edu/about-pima/locations/index>

<https://www.pima.edu/contact-us/index>

Financial Aid Contact Information:

<https://www.pima.edu/paying-for-college/financial-aid/contact-us.html>

General Institutional Information

Facilities and Services for Students with Disabilities

Access and Disability Resources (ADR):

<https://www.pima.edu/student-resources/adr/index>

Institutional Accreditation

www.pima.edu/about-pima/accreditation/index.html

Approval and Licensure of Institution and Programs

<https://www.pima.edu/about-pima/accreditation/program-accred-cert.html>

<https://www.pima.edu/about-pima/accreditation/disclosure.html>

Educational Programs

<https://www.pima.edu/academics-programs/degrees-certificates/index>

Faculty Members

<https://catalog.pima.edu/content.php?catoid=3&navoid=83#pima-community-college-faculty>

Study Abroad

<https://www.pima.edu/academics-programs/specialized-programs/study-abroad/index.html>

Transfer of Credit Policies

<https://pima.edu/admission/apply-to-pima/transfer-students.html>
<https://www.pima.edu/about-pima/leadership-policies/policies/administrative-procedures/docs-ap-03/AP-3-21-01.pdf>

Articulation Agreements**Transfer Partnerships with Universities:**

<https://www.pima.edu/academics-programs/transfer-degrees-partners/partnering-institutions.html>

<https://www.pima.edu/academics-programs/transfer-degrees-partners/catholic-u.html>

Concurrent Enrollment Programs:

<https://www.pima.edu/academics-programs/degrees-certificates/health-sciences/nursing/nursing-adn-aas/concurrent-enrollment.html>

College Navigator - Pima Community College

nces.ed.gov/collegenavigator/?q=Pima+Community+College&s

Net Price Calculator

www.pima.edu/web/net-price-calculator/npc.htm

Cost of Attendance

<https://www.pima.edu/paying-for-college/financial-aid/cost-attendance.html>

Tuition Refund Policy

<https://www.pima.edu/paying-for-college/paying-your-bill/refunds.html>

Requirements for Withdrawal

<https://www.pima.edu/academics-programs/register-for-classes/drop-add-withdraw.html>

<https://mail.google.com/mail/u/0/?ik=6acf3d8ef7&view=pt&search=all&permthid=thread-f:1802426945446556512&simpl=msg-f:1802426945446556512> 3/6

Return of Federal Financial Aid

<https://www.pima.edu/paying-for-college/financial-aid/drop-withdrawal-financial-aid.html>

Textbook Information

Class Schedule:

<https://www.pima.edu/academics-programs/register-for-classes/schedules.html>

Bookstore Website:

www.bkstr.com/pimaccstore

Privacy of Student Records - Family Educational Rights and Privacy Act (FERPA)

FERPA:

<https://www.pima.edu/student-resources/student-policies-complaints/ferpa/index.html>

Copyright Infringement– Policies and Sanctions, Computer Use and File Sharing

Copyright Infringement:

<https://www.pima.edu/student-resources/support-services/computing-resources/copyright-file-sharing.html>

Student Activities

<https://www.pima.edu/student-resources/student-activities/index>

Student Financial Aid Information**Financial Assistance**

<https://www.pima.edu/paying-for-college/financial-aid/index>

Financial Aid Shopping Sheet

<https://www.pima.edu/paying-for-college/financial-aid/shopping-sheet.html>

Financial Aid Disbursements

<https://www.pima.edu/paying-for-college/financial-aid/disbursement-refunds.html>

COVID-19 Financial Aid Resources

<https://www.pima.edu/news/coronavirus/resources/resources-financial-aid.html>

Special Circumstances Reassessment

https://docs.google.com/forms/d/e/1FAIpQLSfMUil6oi-8UC5rbQx89YL71oLUHwuBBelW9M6s3R79_XxEA/viewform

<https://mail.google.com/mail/u/0/?ik=6acf3d8ef7&view=pt&search=all&permthid=thread-f:1802426945446556512&simpl=msg-f:1802426945446556512> 4/6

Satisfactory Academic Progress

<https://www.pima.edu/paying-for-college/financial-aid/satisfactory-progress.html>

Student Financial Aid Handbook

<https://www.pima.edu/paying-for-college/financial-aid/fa-handbook.html>

Student Loans Disclosures

Entrance and Exit Counseling for Student Borrowers:

<https://www.pima.edu/paying-for-college/financial-aid/types-of-aid/loans.html>

Health and Safety**Annual Security & Fire Safety Report**

Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act:

<https://www.pima.edu/administration/police/docs/clery-annual-report.pdf>

The Drug-Free Schools and Communities Act

Drug-Free Schools Report:

<https://www.pima.edu/student-resources/student-policies-complaints/drug-free-schools/drug-and-alcohol-free-environment-notification.pdf>

Campus Security Policies, Crime Statistics and Crime Log

<https://www.pima.edu/administration/police/reports.html>

COVID Precautions

<https://pima.edu/news/coronavirus/indoor-mask-requirement.html>

Vaccination Policies

There is no college-wide vaccination policies, certain programs do have vaccination requirements:

<https://www.pima.edu/academics-programs/degrees-certificates/index.html>

Student Outcomes and Reports**Retention Rate**

<https://www.pima.edu/about-pima/reports-data/federal-reporting/index.html>

Graduation Rates

<https://www.pima.edu/about-pima/reports-data/federal-reporting/index.html>

Intercollegiate Athletics

Student Right to Know:

<https://pima.edu/about-pima/reports-data/federal-reporting/docs/2021-student-right-to-know-report.pdf>

Equity in Athletics

<https://pima.edu/about-pima/reports-data/federal-reporting/docs/2020-eada.pdf>

Teacher Preparation Title II Report

Traditional:

<https://www.pima.edu/academics-programs/degrees-certificates/education/teacher-education/docs/2018-title-ii-report-ay-2016-17-traditional.pdf>

Alternative:

<https://www.pima.edu/academics-programs/degrees-certificates/education/teacher-education/docs/2018-title-ii-report-ay-2016-17-alternative.pdf>

Pima County and Arizona voter information

Voter Information:

<https://pima.edu/student-resources/voter-information>

Pima Community College is an equal opportunity, affirmative action employer and educational institution committed to excellence through diversity. Upon request, reasonable accommodations will be made for individuals with disabilities. Every effort will be made to provide reasonable accommodations in a timely manner. To request accommodations, please call (520) 206-6688 or email ADRhelp@pima.edu.



PimaCommunityCollege

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Appendix B: New Student Orientation Presentation with Links to Code of Conduct and Drug Free Schools Act

Expectations for PCC Students and Employees

Student Code of Conduct & Academic Integrity Code

- The Student Code of Conduct provides you with information about your responsibilities as a student regarding appropriate behavior and respect for others in the College community as well as acts and omissions relating to academic conduct.
- View the [Student Code of Conduct](#) and the [Academic Integrity Code](#)

Title IX & Sexual Harassment

- Pima is committed to maintaining an environment for work and education which is free of discrimination. Title IX is a federal law that protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. PCC meets Title IX standards by operating in a nondiscriminatory manner. Some key issue areas related to Title IX are: recruitment, admissions, and counseling; financial assistance; athletics; sex-based harassment; treatment of pregnant and parenting students; discipline; and employment.
- [Click here to report a Title IX concern](#)
- Learn more about [Title IX rights and complaint processes](#) & [PCC's Sexual Harassment policies](#)

Drug-Free Schools & Communities Act

- At PCC, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees is prohibited.
- Annual Notification: Read the [Drug- and Alcohol-Free Environment Notification](#)

Expectations for Students & Employees

PCC provides a safe and stimulating environment for the exchange of knowledge. We encourage reasoned discussion, intellectual honesty, and a respect for the rights of all persons. Pima expects all students and employees to conduct themselves in a manner that respects and treats all others with dignity, whether on- or off-campus, and maintains safety for everyone. For more information, go to PCC's website <https://pima.edu/student-resources/student-policies-complaints/index.html> and familiarize yourself with

- The Student Code of Conduct and Academic Integrity Code
- Title IX and Sexual Harassment
 - If you are impacted by sex- or gender-based discrimination, harassment, or assault during this time, Title IX protects you and there are Pima staff dedicated to this service.
- The Drug-Free Schools and Communities Act

Expectations for Pima Students and Employees

Pima CC expects all employees and students to conduct themselves in a manner that respects and treats all others with dignity, whether on- or off-campus, and which maintains the safety of others surrounding them regardless of their role, race, skin color, nationality, gender identity, ability, first language, age, religion, veteran status, sexual orientation, immigration status, beliefs, values, personal experiences, and preferences, cultural, and socioeconomic backgrounds, and worldviews.

Student Code of Conduct & Academic Integrity Code

- The Student Code of Conduct provides you with information about your responsibilities as a student regarding appropriate behavior and respect for others in the College community as well as acts and omissions relating to academic conduct.
- View the [Student Code of Conduct](#) and the [Academic Integrity Code](#)

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- [Click here to report a Title IX concern](#)
- Learn more about [Title IX rights and complaint processes](#) & [PCC's Sexual Harassment policies](#)

Drug-Free Schools & Communities Act

- At PCC, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees is prohibited.
- Annual Notification: Read the [Drug- and Alcohol-Free Environment Notification](#)

There are several other documents explaining expectations for employee and student behavior. We do not expect you to read them all now, but want you to know that these exist, and have been put into place for your protection.

- [Affirmative Action and Equal Employment Opportunity](#)
- [Rights and Responsibilities for Students with Disabilities](#)
- [Use of Names](#)

Complaint Process for Students Experiencing any Violation of Rights and Responsibilities

If you experience a violation of any of these codes or policies, Pima CC is committed to resolving questions and concerns about PCC students, staff, policies, procedures, or other actions or inactions of the College, and has instituted a [complaint process](#) to help you resolve these issues.

Have comments, feedback, ideas or concerns about diversity at Pima Community College?

Contact (520) 206-7215 or pcc-diversity@pima.edu

Accessibility and Accommodations

If you require accommodations for any course or activity at Pima, contact Access & Disability Resources (ADR) at ADRhelp@pima.edu to coordinate these services.

Student Resources

Access & Disability
Resources

Advising

Ask Aztec

Counseling

Graduation

Student Policies &
Complaints

Academic Standards

Class Attendance

Complaint Processes

FERPA

Title IX

Behavioral Assessment
Team

Use of Chosen Name
and Personal Pronouns

Student Activities

Support Services

Transferring from Pima

Voter Information



Student Policies & Complaints

PCC provides a safe and stimulating environment for the exchange of knowledge. We encourage reasoned discussion, intellectual honesty, and a respect for the rights of all persons.

Student Handbook

The Student Handbook is a tool to help you succeed at Pima Community College. This handbook is a valuable resource that guide you to the many services and programs offered at Pima Community College. Consult it if you have a question, or contact an employee. We are here to help you.

[Open the Student Handbook](#)

Student Code of Conduct & Academic Integrity Code

The Student Code of Conduct provides you with information about your responsibilities as a student regarding appropriate behavior and respect for others in the College community as well as acts and omissions relating to academic conduct.

View the [Student Code of Conduct](#) and the [Academic Integrity Code](#)

To report a possible violation of these codes, please complete the [Incident Report form](#).

Title IX & Sexual Harassment

Pima is committed to maintaining an environment for work and education which is free of discrimination.

Title IX is a federal law that protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. PCC meets Title IX standards by operating in a nondiscriminatory manner. Some key issue areas related to Title IX are: recruitment, admissions, and counseling; financial assistance; athletics; sex-based harassment; treatment of pregnant and parenting students; discipline; and employment.

[Click here to report a Title IX concern](#)

Learn more about

- [Title IX rights and complaint processes](#)
- [PCC's Sexual Harassment policies](#)

Related Material

- [Report a Student of Concern](#)
- [Academic Standards](#)
- [Class Attendance & Participation](#)
- [Affirmative Action / Equal Employment Opportunity](#)
- [Drug-Free Schools & Communities Act](#)
- [Family Educational Rights & Privacy Act \(FERPA\)](#)

- [Rights & Responsibilities of Students with Disabilities at PCC](#)
- [Traffic Regulations](#)

Contact Us

For Student Conduct or Title IX questions, please contact our office:

Diane Deskin

Advanced Program Manager for Student Conduct and Title IX
sddeskin@pima.edu | 520-206-7120

Staci Shea

Assistant Program Manager for Student Conduct and Title IX
sshea1@pima.edu | 520-206-7028



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Appendix C: PCC Summary of Drug Free Schools and Campus Act information

[Home](#) / [Student Resources](#) / [Student Policies & Complaints](#) / [Drug-Free Schools & Communities Act](#)

Student Resources

[Access & Disability Resources](#)
[Advising](#)
[Ask Aztec](#)
[Counseling](#)
[Graduation](#)
[Student Policies & Complaints](#)

[Academic Standards](#)

[Class Attendance](#)

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[Behavioral Assessment Team](#)

[Use of Chosen Name and Personal Pronouns](#)

[Student Activities](#)

[Support Services](#)

[Transferring from Pima](#)

[Voter Information](#)



Drug-Free Schools & Communities Act

Pima Community College is committed to the Drug Free Schools and Communities Act Amendments of 1989 (Public Law 101-226, 20 U.S.C. §1145g).

Annual Notification: Read the [Drug- and Alcohol-Free Environment Notification](#)

At PCC, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees is prohibited.

Violating or failing to comply with published rules and regulations of conduct on College property or during a College activity and/or being under the influence of, using, selling, possessing, or distributing any illicit drugs or alcohol on College property or as part of any of its activities is subject to disciplinary action that may include exclusion, suspension, or expulsion.

Additionally, local, state, and federal laws prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol. Conviction for violating these laws can lead to imprisonment, fine, probation, and/or assigned community service.

Students convicted of a drug- and/or alcohol-related offense will be ineligible to receive federally funded or subsidized grants, loans, scholarships, or employment. Pima Community College does fully subscribe to and cooperate with the local, state, and federal authorities in the enforcement of all laws regarding the unlawful possession, use, or distribution of illicit drugs and alcohol.

There are definite health risks associated with the use of alcohol and illegal substances. Students who experiment with drugs, alcohol, and illegal substances, or use them recreationally, may develop a pattern of use that leads to abuse and addiction. Use of alcohol and illegal substances is a major factor in accidents and injuries, and among persons between the ages of 18 and 24, it is responsible for more deaths than all other causes combined.

College officials will assist students with appropriate referrals and information concerning drug and alcohol education, counseling, treatment, or rehabilitation or reentry programs that may be available in the community. Contact the [Student Services Center](#) on any campus for information.



Appendix D: New Employee Orientation Handout on Drug Free Workplace



Section: Drug- and Alcohol-Free Environment

Adoption Date: 8/15/19

Revision Date:

Sponsoring Unit/Department: Human Resources

Drug- and Alcohol-Free Environment

It is the policy of the College to maintain a drug- and alcohol-free working environment for its employees, students and visitors. The College administration is authorized to establish regulations and procedures to affect this policy.

See [Board Policy 11.01](#) and [Administrative Procedure 11.01.01](#)

See also: [Drug- and Alcohol-Free Environment](#)

Annual Drug and Alcohol-Free Environment Notification

Under federal legislation entitled the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act of 1989 ("Act"), no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees." The contents of the notice contain materials and information from the previous completed academic year, 2023-2024. [Annual Drug and Alcohol-Free Environment Notification](#)

Drug Free Workplace

The Board Policy for Drug Free College can be found at: <https://www.pima.edu/about-pima/leadership-policies/policies/board-policies/docs-bp-11/bp-11-01.pdf>

The Administrative Procedure for Drug- and Alcohol-Free Environment can be found at: <https://www.pima.edu/about-pima/leadership-policies/policies/administrative-procedures/docs-ap-11/ap-11-01-01.pdf>

All employees are required to complete the online course in *MyCareerCenter: Promoting a Substance Free Workplace* as part of the College-Directed Trainings.

Contact Organizational Effectiveness & Development at 206-4706 with questions.

Employee Handbook

The [Drug- and Alcohol-Free Environment](#) policy can be found in the Employee Handbook.

Appendix E: AZIHE Online Survey 2012 – 2022 All Institutions

AZIHE ONLINE SURVEY 2012 - 2022

The partnership with UA Public Health includes the following participating institutions: Arizona State University, Embry Riddle Aeronautical University, Northern Arizona University, Pima Community College, University of Arizona and Yavapai College

NOTE: N/A indicated the question was not asked that year. Due to COVID-19 pandemic in 2020, institutions did not participate in the survey. Therefore, no 2020 data is reported.

Sample Size:

	2012	2014	2016	2018	2022
Under 21	934	1888	2244	1815	1515
21 - 25	690	1424	1691	1348	1094
ALL	1624	3312	3935	3163	2609

The values in the following tables indicate the percent giving each response for that group unless otherwise noted.

DEMOGRAPHICS:

Ethnic/Racial Origin:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
African American	3.6	2.9	3.3	3.3	2.5	3.0	2.8	2.6	2.7	3.5	3.3	3.4	4.0	4.2	4.1
Asian/Pacific Islander	6.4	7.1	6.7	8.5	8.7	8.6	7.3	6.1	6.8	8.8	7.3	8.2	13.1	11.7	12.5
Caucasian	67.6	68.4	67.9	59.6	63.6	61.3	53.7	55.5	54.5	57.2	59.9	58.3	70.4	69.6	70.0
Hispanic/Latino	16.3	13.6	15.1	21.7	18.7	20.4	27.8	28.1	27.9	22.2	21.1	21.7	25.0	21.8	23.6
Native American/ Alaska Native	1.8	3.5	2.5	1.9	2.4	2.1	2.7	3.1	2.9	1.5	2.6	2.0	3.1	3.9	3.4
Interracial	3.9	4.4	4.1	5.0	4.0	4.6	5.4	4.3	4.9	6.0	4.7	5.5	N/A	N/A	N/A
Other	0.4	0.1	0.3	N/A	N/A	N/A	0.2	0.2	0.2	0.7	1.1	0.9	2.4	3.4	2.9

NOTE: In 2022, this item was listed as “mark all that apply” so the Interracial option was dropped

Gender:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Male	40.9	46.3	43.2	44.8	51.9	47.9	36.8	34.4	35.8	29.2	33.5	31.0	30.5	35.7	32.7
Female	58.9	53.6	56.6	54.8	47.4	51.6	62.9	65.3	63.9	69.2	64.9	67.4	63.6	59.0	61.7
Transgender	N/A	N/A	N/A	0.2	0.4	0.3	0.3	0.3	0.3	0.3	0.2	0.3	2.0	1.7	1.9
Other	0.2	0.1	0.2	0.2	0.4	0.2	N/A	N/A	N/A	1.2	1.4	1.3	8.2	6.6	7.0

NOTE: In 2022, this item was listed as “mark all that apply” and additional options were provided which have been combined under “other”

Classification:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Freshman	45.2	1.9	26.8	45.0	1.9	26.3	49.2	1.2	29.6	44.2	5.8	28.0	45.5	3.0	27.2
Sophomore	34.7	5.7	22.3	32.7	6.2	21.2	30.2	5.1	19.9	35.9	14.4	26.8	32.5	5.8	21.0
Junior	18.1	34.2	24.9	19.8	34.8	26.3	18.0	32.4	23.9	17.3	32.5	23.7	18.3	34.4	25.2
Senior	1.9	50.7	22.7	2.4	53.0	24.3	2.3	47.5	20.8	2.1	40.3	18.2	3.3	46.5	21.8
Grad/professional	0.1	7.6	3.3	0.1	4.2	1.9	0.3	13.8	5.8	0.2	4.9	2.2	0.2	9.5	4.2
Other	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.3	2.1	1.1	0.2	0.9	0.5

Living Arrangement:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
On campus	60.3	19.5	42.9	60.7	18.7	42.5	53.3	10.9	35.9	45.6	8.7	29.9	53.1	18.0	38.4
Off campus	39.7	80.5	57.1	39.3	81.3	57.5	46.7	89.1	66.1	54.4	91.3	70.1	46.9	82.0	61.6

Sexual Orientation:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Heterosexual	91.0	91.2	91.1	88.6	87.2	88.0	87.8	87.1	87.5	76.1	75.6	75.9	60.1	66.0	62.6
Gay/Lesbian	3.1	2.6	2.9	3.1	4.8	3.9	2.5	2.8	2.6	2.7	3.1	2.9	11.6	8.0	10.1
Bisexual	3.5	4.3	3.8	4.7	4.9	4.8	6.1	6.8	6.4	8.7	8.2	8.5	16.4	15.5	16.1
Queer	N/A	N/A	N/A	0.7	0.6	0.7	0.9	1.5	1.1	0.8	1.0	0.9	5.3	3.5	4.6
Questioning	1.5	1.2	1.4	1.9	0.9	1.4	1.8	1.3	1.6	1.7	1.7	1.7	4.4	3.1	3.8
Other*	0.9	0.7	0.8	1.0	1.6	1.3	0.9	0.5	0.7	9.9	10.5	10.2	12.2	15.0	13.3

*: In 2018, many other options were listed. In 2022, this was listed as “mark all that apply.” When combined, this led to a greater response in this category.

Extracurricular involvement:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Fraternities/ Sororities	N/A	N/A	N/A	18.1	16.2	17.3	19.0	15.4	17.5	21.5	18.0	20.1	10.2	10.5	10.3
Intercollegiate sports	N/A	N/A	N/A	4.0	4.0	4.0	4.1	3.0	3.7	4.7	3.9	4.4	2.1	2.0	2.1
Intramural sports	N/A	N/A	N/A	20.8	21.7	21.2	18.7	20.0	19.2	13.3	13.6	13.4	5.7	6.3	6.0
Sports clubs	N/A	N/A	N/A	10.8	8.9	10.0	8.0	9.4	8.6	8.2	7.4	7.8	5.7	4.4	5.1
Student clubs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	44.0	36.4	40.8	40.0	37.0	38.7

U.S. Military status:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Active	N/A	N/A	N/A	0.8	0.7	0.8	0.2	1.2	0.6	0.3	0.8	0.5	0.4	1.1	0.7
Veteran	N/A	N/A	N/A	0.5	2.1	1.2	0.2	2.6	1.2	0.2	2.3	1.1	0.1	1.1	0.5
ROTC	N/A	N/A	N/A	3.0	1.7	2.5	1.9	1.4	1.7	2.2	1.9	2.1	1.7	1.9	1.8
Military dependent	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.4	5.8	5.5	7.5	7.2	7.4

ALCOHOL AND OTHER DRUG USE:

How recent was the last time you drank?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Within the last month	51.0	80.4	63.5	47.7	77.0	60.3	46.5	74.9	58.7	46.7	73.4	58.1	41.2	72.2	54.1
Within the last year	18.0	11.2	15.1	18.9	11.6	15.7	18.5	12.3	15.8	19.7	12.1	16.5	18.3	12.6	15.9
Over a year ago	6.6	1.9	4.6	6.0	3.5	4.9	6.1	4.8	5.5	4.6	5.1	4.8	6.3	3.8	5.3
I never consumed alcohol	24.4	6.5	16.8	27.4	7.9	19.0	29.0	8.0	19.9	29.1	9.4	20.7	34.2	11.4	24.7

Use of substances within the past 30 days.

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Tobacco	18.6	17.5	18.1	17.0	19.5	18.1	13.9	16.9	15.2	10.8	14.7	12.5	6.2	9.7	7.7
Hookah	17.2	12.3	15.1	19.9	13.7	17.2	9.6	8.4	9.1	5.5	4.7	5.1	1.1	2.3	1.6
E-Cigarettes	N/A	N/A	N/A	12.9	10.7	11.9	9.3	9.0	9.2	21.3	13.8	18.1	18.2	20.7	19.2
Alcohol	51.1	76.6	61.9	45.8	72.7	57.4	43.7	68.5	54.4	45.6	70.3	56.2	41.2	70.3	53.4
Marijuana*	20.4	13.6	17.5	20.6	16.3	18.7	20.0	17.6	19.0	22.3	18.1	20.7	26.9	30.0	28.2

Use of substances within the past 30 days (cont'd)

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Ecstasy	1.5	1.5	1.5	2.3	2.6	2.4	2.3	2.0	2.2	2.4	1.5	2.0	0.6	1.2	0.9
Cocaine	N/A	N/A	N/A	1.9	2.8	2.3	2.7	3.2	2.9	3.6	2.6	3.2	1.4	2.7	2.0
Heroin	N/A	N/A	N/A	0.5	0.4	0.5	0.3	0.4	0.3	0.2	0.1	0.2	0.1	0.1	0.1

Note *: In 2018, Marijuana was split into smoked and concentrates. For 2018 & 2022, this value represents the % that said yes to either form of marijuana

Illicit Use of Prescription Drugs Within the Past 12 Months:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Used pain killers (e.g. OxyContin, Vicodin, Codeine):	6.3	6.8	6.5	6.1	6.6	6.3	6.4	6.1	6.3	4.6	4.2	4.4	5.3	4.0	4.8
Used sedatives (e.g. Xanax, Valium):	N/A	N/A	N/A	3.2	4.0	3.5	3.8	4.1	4.0	3.1	2.7	2.9	0.9	1.6	1.2
Used stimulants (e.g. Ritalin, Adderall):	N/A	N/A	N/A	7.1	9.6	8.2	6.7	6.7	6.7	6.4	5.7	6.1	3.4	5.9	4.5

Medical marijuana:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Have Arizona card	N/A	N/A	N/A	1.2	1.1	1.1	1.1	2.0	1.5	1.4	2.2	1.8	N/A	N/A	N/A
Have card from another state	N/A	N/A	N/A	1.5	0.6	1.1	0.4	1.0	0.6	0.7	1.5	1.0	N/A	N/A	N/A

Tobacco use:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Agree that exposure to secondhand smoke is a concern or annoyance for them or other on campus	N/A	N/A	N/A	67.9	67.1	67.6	57.5	56.9	57.2	50.3	50.6	50.4	N/A	N/A	N/A
Think that the incorrect disposal of smoking materials like cigarette butts are a problem on campus	N/A	N/A	N/A	56.4	55.5	56.0	37.5	41.8	39.3	33.4	33.2	33.3	N/A	N/A	N/A
Indicate that their campus has a smoke-free/tobacco free policy	N/A	N/A	N/A	65.3	69.2	67.0	56.6	53.0	55.1	76.2	72.9	74.8	N/A	N/A	N/A

Alcohol consumption:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Average drinks usually have per week – mean	N/A	N/A	N/A	2.73	4.24	3.43	1.99	2.98	2.43	1.86	3.00	2.35	1.80	2.81	2.23
Average drinks usually have per week – median	N/A	N/A	N/A	0	2.00	1.00	0	1.00	1.00	0	1.00	0.50	0	1.00	0
Average drinks last time they drank - mean	3.87	3.39	3.64	3.89	3.24	3.57	3.77	3.03	3.40	3.49	3.10	3.29	3.30	2.97	3.14
Average drinks last time they drank – median	3.00	2.00	3.00	3.00	2.00	3.00	3.00	2.00	2.00	3.00	2.00	2.00	2.00	2.00	2.00
Average drinks/hr. last time they drank - mean	1.45	1.14	1.30	1.45	1.16	1.30	1.35	1.10	1.22	1.73	1.30	1.51	1.71	1.31	1.51
Average drinks/hr. last time they drank – median	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00

Had five or more drinks in one sitting:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Never	N/A	N/A	N/A	43.0	26.2	35.2	51.7	32.4	43.3	52.0	33.9	44.2	56.1	35.6	47.5
Not in the past two weeks	N/A	N/A	N/A	31.4	38.5	34.6	28.2	39.5	33.1	29.4	39.8	33.9	26.5	38.3	31.5
Once in the past two weeks	N/A	N/A	N/A	13.9	17.5	15.5	11.3	16.6	13.6	9.5	15.0	11.9	10.1	16.8	12.9

Twice in the past two weeks	N/A	N/A	N/A	6.3	9.1	7.6	5.0	6.9	5.8	5.0	6.9	5.8	4.3	5.8	4.9
3 – 5 times in the past two weeks	N/A	N/A	N/A	4.1	7.1	5.5	3.0	3.5	3.2	3.0	3.4	3.2	2.3	2.7	2.4
6 or more times in the past two weeks	N/A	N/A	N/A	1.4	1.7	1.5	0.9	1.0	0.9	1.0	1.0	1.0	0.6	0.8	0.7

Consequences due to drinking in this school year (AT LEAST ONCE):

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Physically injured self	7.7	6.7	7.3	6.2	8.7	7.4	6.6	7.0	6.7	4.6	6.2	5.3	10.3	8.7	9.7
Physically injured another person	1.1	1.0	1.1	1.1	1.8	1.4	1.2	1.3	1.3	0.7	0.5	0.6	5.3	4.0	4.8
Got in trouble with authorities	3.7	2.6	3.2	3.4	1.9	2.7	2.2	1.1	1.7	2.0	0.8	1.5	5.3	3.9	4.7
Had academic problems	2.7	2.6	2.7	4.2	4.1	4.2	4.7	4.3	4.5	3.8	4.7	4.2	7.9	6.8	7.5
Involved in a fight	2.5	3.6	3.0	2.1	2.7	2.4	1.8	1.8	1.8	1.3	1.6	1.4	5.4	4.5	5.1
Had unprotected sex (without a condom)	8.4	10.7	9.3	11.3	17.3	14.0	11.7	16.2	13.6	9.9	13.8	11.6	12.9	13.1	13.0
Used marijuana or other drugs while drinking	17.7	13.6	16.0	20.8	16.5	18.8	19.1	16.1	17.8	13.2	12.5	12.9	16.0	14.2	15.2
Blacked out	N/A	N/A	N/A	13.4	15.9	14.5	12.9	13.2	13.0	13.1	14.5	13.7	14.2	14.6	14.3
Passed out	N/A	N/A	N/A	8.3	10.8	9.5	7.8	8.3	8.0	6.0	7.4	6.6	9.1	8.4	8.8

Vomited	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.1	26.5	24.0	22.1	22.2	22.2
Had someone express concern/suggest cut down	N/A	N/A	N/A	5.7	5.3	5.5	4.2	5.1	4.6	4.5	6.2	5.2	7.5	7.1	7.3
Did something later regretted	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.9	14.4	13.6	15.2	13.8	14.6

During this school year, experienced unwanted sexual contact (touching, fondling, sexual penetration) while under the influence of alcohol or other drugs:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Yes	3.6	4.1	3.8	5.5	5.3	5.4	6.0	4.4	5.3	6.3	5.8	6.1	7.3	6.4	6.9

During the past 30 days, % who have experienced or engaged in the following due to other students' alcohol use (AT LEAST ONCE):

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Took care of someone who drank too much	42.2	40.4	41.4	43.2	37.6	40.8	40.7	34.9	38.2	38.9	34.7	37.1	37.1	29.1	33.6
Took someone for emergency medical care	2.8	2.0	2.5	3.1	2.5	2.8	3.6	1.9	2.9	3.5	2.0	2.9	4.2	3.3	3.8
Had their sleep interrupted	36.8	32.0	34.8	32.5	28.2	30.6	28.2	25.0	26.8	24.4	22.1	23.4	25.2	19.8	22.8

Had their studying interrupted	25.7	22.5	24.3	23.0	21.4	22.3	20.6	18.1	19.5	17.5	14.3	16.1	20.6	14.8	18.1
Been pushed, hit or assaulted	4.5	4.4	4.5	4.4	4.4	4.4	3.7	4.0	3.8	3.3	3.9	3.5	4.8	3.5	4.2
Been threatened with or experienced physical violence	3.4	2.5	3.0	4.0	3.9	4.0	2.9	4.0	3.3	2.0	3.2	2.5	4.3	2.9	3.7
Been taken advantage of sexually	2.4	2.5	2.4	2.3	1.7	2.0	2.3	1.9	2.1	2.9	2.3	2.6	4.3	3.3	3.9
Had their personal property or residence trashed or damaged	8.8	7.8	8.4	6.5	7.2	6.8	6.1	5.6	5.9	4.3	4.5	4.4	7.4	3.8	5.8
Been made to feel unsafe	6.9	4.8	6.0	7.9	6.7	7.4	8.3	6.8	7.6	7.3	7.3	7.3	8.4	6.1	7.4
Got in trouble with authorities	2.4	1.5	2.0	2.2	1.0	1.7	2.0	0.9	1.6	1.4	0.8	1.2	2.6	1.9	2.3

AOD use and driving during the past 30 days (AT LEAST ONCE):

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Driven after consuming any amount of alcohol	7.9	27.5	16.2	6.4	28.1	16.4	6.5	22.8	13.6	5.5	19.5	11.5	4.9	13.2	8.4
Driven after consuming 3 or more alcoholic drinks in one sitting	3.6	6.6	4.9	2.4	9.5	5.6	3.0	6.3	4.4	2.0	5.5	3.5	2.8	3.9	3.3
Ridden in a car with a driver who has been drinking	10.8	19.3	14.4	9.3	18.3	13.2	10.8	16.7	13.4	9.0	15.0	11.6	6.4	10.4	13.6

Driven after smoking marijuana	10.0	8.2	9.3	7.8	9.7	8.6	9.9	9.1	9.5	9.2	8.5	8.9	6.7	8.3	7.3
Driven after using other drugs (including prescriptions)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.9	3.9	3.9	4.0	12.8	4.0

How often do you serve as a sober designated driver:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Rarely/Never	N/A	N/A	N/A	65.6	61.6	63.9	66.4	60.6	63.9	68.0	62.1	65.5	N/A	N/A	N/A
Usually/Always	N/A	N/A	N/A	34.4	38.4	36.1	33.6	39.4	36.1	32.0	37.9	34.5	N/A	N/A	N/A

How often do you use a sober designated driver:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Rarely/Never	N/A	N/A	N/A	26.1	20.8	23.6	42.2	28.2	36.1	43.6	31.3	38.3	N/A	N/A	N/A
Usually/Always	N/A	N/A	N/A	73.9	79.2	76.4	57.8	71.8	63.9	56.4	68.7	61.7	N/A	N/A	N/A

PROTECTIVE BEHAVIORS:

% usually or always do the following when they drink:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Stop drinking 1 to 2 hours before going home	53.0	69.6	60.2	57.6	67.5	62.2	51.0	67.4	58.4	51.5	65.7	57.8	58.2	72.4	64.5
Alternate with non alcoholic beverages	44.6	56.2	49.7	51.6	56.6	53.9	47.6	59.4	52.9	52.9	61.0	56.4	55.4	66.7	60.3
Use other transportation/free public transportation	34.3	45.5	39.2	37.2	43.1	40.0	39.5	48.9	43.7	46.6	58.2	51.7	48.8	59.5	53.5
Keep track of the number of drinks they have	55.7	72.0	62.8	61.7	73.4	67.2	52.4	69.6	60.1	56.1	68.4	61.5	59.7	74.5	66.2
Eat before and during their drinking	66.9	84.5	74.5	72.2	85.3	78.3	64.7	82.4	72.7	67.0	81.0	73.1	65.1	82.5	72.8
Hang out with friends who drink less or more slowly	45.9	60.6	52.3	52.6	58.1	55.2	48.0	58.8	52.8	48.6	57.0	52.3	54.0	59.7	56.5
Leave parties/bars with someone they know	63.4	80.6	70.9	76.4	88.6	82.1	70.4	86.6	77.7	70.9	84.2	76.7	68.2	83.0	74.8
Refuse to ride with a driver who has been drinking	72.9	83.3	77.4	77.6	81.8	79.5	72.4	82.2	76.8	75.8	84.9	79.8	73.0	83.8	77.8
Protect a friend's drink while they are gone	67.1	81.2	73.2	71.4	82.5	76.6	68.9	82.9	75.2	72.3	84.8	77.7	71.3	84.2	77.0
Determine in advance, not to exceed a set number of drinks	40.4	53.9	46.2	45.2	49.9	47.4	42.7	51.7	46.7	43.8	53.1	47.9	45.0	54.3	49.2

Avoid drinking games	30.0	43.5	35.9	30.3	41.2	35.4	31.6	42.0	36.3	35.3	43.6	38.9	35.7	36.5	36.1
Women pace to one or fewer drinks per hour	34.8	53.9	42.4	40.0	51.1	44.8	36.5	55.2	44.8	36.8	53.2	43.7	41.6	55.0	47.3
Men pace to two or fewer drinks per hour	26.2	44.9	33.8	32.7	47.2	39.5	26.3	40.4	32.3	24.8	37.4	30.2	29.4	41.6	34.6

ATTITUDES: CONSIDER THOSE RULES AND REGULATIONS THAT YOU ARE AWARE OF ON THIS CAMPUS REGARDING:

Alcohol and other drug use

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Generally know of and support	47.9	54.3	50.6	46.7	52.6	50.4	45.1	46.0	45.5	50.5	49.2	50.0	N/A	N/A	N/A
Generally know of and oppose	17.2	14.3	16.0	14.7	14.7	15.1	17.0	14.1	15.7	10.9	10.9	10.9	N/A	N/A	N/A
Generally know of but have no opinion	27.8	21.7	25.2	23.9	19.9	22.7	19.5	17.3	18.6	25.2	20.7	23.2	N/A	N/A	N/A
Nor really aware of rules/regulations	7.0	9.6	8.1	10.6	12.8	11.8	18.4	22.5	20.2	13.4	19.2	15.9	N/A	N/A	N/A

Marijuana use/possession (including medical marijuana)

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Generally know of and support	47.0	43.3	45.4	41.7	40.3	41.1	39.2	37.3	38.4	43.4	41.6	42.7	N/A	N/A	N/A
Generally know of and oppose	23.0	26.0	24.3	24.1	25.0	24.5	21.0	20.2	20.7	16.2	16.9	16.5	N/A	N/A	N/A
Generally know of but have no opinion	21.2	19.0	20.3	20.3	20.1	20.2	20.5	20.0	20.3	21.8	17.6	20.0	N/A	N/A	N/A
Nor really aware of rules/regulations	8.8	11.7	10.0	13.9	14.6	14.2	19.3	22.4	20.6	18.6	23.9	20.9	N/A	N/A	N/A

Where do you get your alcohol:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Friends	N/A	N/A	N/A	55.7	42.1	49.8	53.7	40.4	48.0	49.6	37.7	44.5	N/A	N/A	N/A
Family	N/A	N/A	N/A	22.5	23.9	23.1	24.3	26.8	25.4	23.0	22.8	22.9	N/A	N/A	N/A
House parties	N/A	N/A	N/A	37.8	28.4	33.8	39.0	25.1	33.0	32.9	20.1	27.5	N/A	N/A	N/A
Internet	N/A	N/A	N/A	0.7	0.8	0.8	1.7	12.1	6.2	0.3	0.6	0.4	N/A	N/A	N/A
Bars/Restaurants	N/A	N/A	N/A	5.0	67.6	31.9	3.7	49.4	23.3	5.5	57.5	27.6	N/A	N/A	N/A
Stores	N/A	N/A	N/A	16.3	77.7	42.7	15.7	74.0	40.8	15.8	68.9	38.4	N/A	N/A	N/A

PERCEIVED RISK OF SUBSTANCE USE:

Smoke one or more packs of cigarettes per day?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	7.6	6.6	7.2	5.4	7.1	6.1	7.5	7.0	7.3
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	8.5	7.6	8.1	5.7	5.0	5.4	7.2	7.9	7.5
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	13.8	13.7	13.8	15.5	15.9	15.7	19.5	18.3	19.0
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	70.1	72.0	70.9	73.3	72.0	72.8	65.8	66.8	66.2

Use e-cigarettes/JUUL daily?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.8	10.0	9.3	7.2	7.1	7.1
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	26.8	21.5	24.6	13.2	13.9	13.5
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	39.1	38.9	39.0	35.2	35.0	35.1
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.2	29.6	27.1	44.5	44.1	44.3

Try marijuana once or twice?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	51.5	55.5	53.2	53.8	54.0	53.7	51.5	55.6	53.2
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	27.7	26.8	27.3	29.5	29.2	29.4	30.6	29.5	30.1
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	11.3	10.3	10.8	10.2	8.9	9.6	8.6	8.3	8.5
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	9.5	7.4	8.6	6.7	8.0	7.3	9.3	6.6	8.1

Use marijuana once or twice a week?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	29.5	33.5	31.2	28.4	31.3	29.6	28.0	30.6	29.1
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	30.9	30.2	30.6	34.6	32.3	33.7	37.0	39.7	38.1
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	23.7	22.4	23.2	24.1	23.8	24.0	22.5	19.8	21.3
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	15.8	13.9	15.0	12.8	12.5	12.7	12.6	9.9	11.5

Have one or two drinks of an alcoholic drink nearly every day?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	9.5	10.7	10.0	6.0	6.9	6.4	6.7	6.6	6.6
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	23.5	26.7	24.9	21.2	25.7	23.1	17.3	21.4	19.1
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	33.2	33.4	33.3	37.0	38.4	37.6	36.4	37.1	36.7
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	33.9	29.2	31.9	35.7	29.0	32.9	39.6	34.9	37.6

Have five or more alcoholic drinks in a row once or twice a week?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	6.2	5.9	6.1	4.1	4.3	4.2	5.0	4.2	4.7
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	15.0	14.6	14.9	8.8	10.1	9.3	12.6	12.0	12.4
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	27.2	30.1	28.5	28.8	33.7	30.9	31.3	33.4	32.2
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	51.5	49.4	50.6	58.3	51.9	55.6	51.1	50.4	50.8

Use prescription drugs without a doctor telling them to take them?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
No risk	N/A	N/A	N/A	N/A	N/A	N/A	6.0	4.5	5.4	3.7	3.3	3.5	4.2	3.3	3.8
Slight risk	N/A	N/A	N/A	N/A	N/A	N/A	10.8	9.4	10.2	5.7	5.9	5.8	5.4	6.1	5.7
Moderate risk	N/A	N/A	N/A	N/A	N/A	N/A	17.9	20.9	19.2	20.0	20.7	20.3	20.6	24.4	22.2
Great risk	N/A	N/A	N/A	N/A	N/A	N/A	65.3	65.2	65.2	70.6	70.2	70.4	69.8	66.1	68.2

Treatment/Recovery for alcohol or other drug problems

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Ever in treatment	N/A	N/A	N/A	N/A	N/A	N/A	1.7	3.0	2.2	1.3	2.4	1.8	N/A	N/A	N/A
Currently in treatment	N/A	N/A	N/A	N/A	N/A	N/A	0.6	0.8	0.7	0.5	0.5	0.5	N/A	N/A	N/A
Currently in recovery	N/A	N/A	N/A	N/A	N/A	N/A	1.1	2.2	1.6	1.2	1.5	1.3	N/A	N/A	N/A
Interested in recovery programs	N/A	N/A	N/A	N/A	N/A	N/A	6.5	7.7	7.0	5.6	8.3	6.8	8.0	10.3	9.0

Health-Related Information – Received information on the following topics from their college/university:

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Alcohol and other drug use	N/A	N/A	N/A	69.0	57.7	64.1	63.4	52.7	58.8	75.3	60.1	68.8	65.6	41.8	55.4
Tobacco use	N/A	N/A	N/A	49.3	42.9	46.6	44.9	40.4	43.0	48.8	44.3	46.9	35.4	20.9	29.2
Depression/Anxiety	N/A	N/A	N/A	50.1	45.0	47.9	47.8	39.2	44.3	52.8	45.6	49.7	54.2	45.6	50.5
Eating disorders	N/A	N/A	N/A	39.5	35.3	37.7	32.4	27.3	30.3	32.6	28.6	30.9	21.1	15.2	18.6
Grief and loss	N/A	N/A	N/A	30.0	27.1	28.8	30.3	29.1	29.8	32.5	30.2	31.5	22.8	18.8	21.1
How to help others in distress	N/A	N/A	N/A	42.5	36.3	39.8	41.9	33.3	38.4	44.8	38.1	41.9	40.5	29.1	35.6
Relationship difficulties	N/A	N/A	N/A	37.7	31.5	35.0	34.5	27.9	31.6	43.5	35.3	40.0	35.3	20.9	29.1
Sexual assault/relationship violence	N/A	N/A	N/A	53.8	46.8	50.7	56.3	46.2	51.9	62.8	52.7	58.5	59.0	41.1	51.3
Sleep difficulties	N/A	N/A	N/A	31.5	29.4	30.6	29.0	22.1	26.1	28.7	27.2	28.0	30.9	23.3	27.6
Stress reduction	N/A	N/A	N/A	58.4	52.4	55.8	55.3	46.8	51.6	63.9	55.0	60.1	54.8	46.4	51.2
Suicide prevention	N/A	N/A	N/A	40.9	38.3	39.7	40.0	35.1	37.9	50.6	45.3	48.3	59.5	29.3	35.7
Violence prevention	N/A	N/A	N/A	51.0	34.6	38.2	40.0	33.7	37.3	44.0	36.2	40.7	56.5	26.4	36.2

How confident do you feel about getting help if you or a friend had any of the above issues?

	2012			2014			2016			2018			2022		
	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL	<21	21-25	ALL
Not confident at all	N/A	N/A	N/A	N/A	N/A	N/A	9.0	7.5	8.3	7.1	9.9	8.3	8.7	8.5	8.6
Somewhat confident	N/A	N/A	N/A	N/A	N/A	N/A	51.0	53.9	52.3	54.3	52.1	53.4	32.7	32.3	32.5
Very confident	N/A	N/A	N/A	N/A	N/A	N/A	40.0	38.6	39.4	38.5	38.0	38.3	58.6	59.2	58.9

Appendix F: List of Active Presentations and Programming Fall 2021-Spring 2023

Date	Name of Program	Description	Campus/ Location
9/16/21	Donuts with DPS	DPS and PCC Police partnered to host open forum event for students to learn about police, safety, resources and support	Downtown
10/13/24	Wellness Wednesday: Sharing Circle on Mental Health Literacy and COVID Reflections	Discussion to share reflections over the past year as well as discuss the key components of mental health literacy, how to fight stigma	Online
11/3/21	Resiliency: Developing Mental Flexibility	Workshop to help students describe how their perception awareness is influenced by perceptual processing of their environment. Includes distinguishing between perceived threats and real threats as well as the differences between choice, demand, and control. Through applying these techniques, participants develop basic perception awareness skills to aid in personal and professional resiliency.	Online
11/17/21	Stress Empowerment Hour with Counseling	Learn How to Make Stress Work for You. Bring your stress stories and leave with your stress empowerment plan.	Online
12/8/21	Wellness Wednesday: Resources	Overview of various campus and community resources related to wellness, prevention and support. Academic Success Counselors provide an opportunity to practice navigating through the Student Resources links from the PCC website, as well as review local resources focused on personal and educational goals	Online
1/4/22	Mental Health First Aid Training:Youth	For Nursing and Pre-Nursing students. Youth Mental Health First Aid is a skills-based training that teaches parents, family members, caregivers, teachers, school staff, peers, neighbors and health and human services workers and any other citizen how to identify,	Online

		understand and respond to an adolescent (ages 12-18) who may be experiencing a mental health or substance use challenge. Youth Mental Health First Aid is available in English and Spanish.	
2/9/22	Black Heritage Month: Health and Wellness Fair	Event including local & national wellness resources, PCC health & wellness programs and departments, performances by Black Renaissance artists, and food trucks.	Downtown
2/15/22	Health, Healing and Wholeness: Necessary Black History Month	Virtual panel hosted and moderated by PCC African American Studies professor Dr. Trey Allen. Panelists included Zami Tinashe Hyemingway, Keyshanna Terry, and Dr. Duane Dyson.	Online
2/16/22	Wellness Wednesday: Cultivating Self-Care	Discussing the importance of self-care, avoiding burnout, and how to cultivate a personal self-care routine.	Online
3/8/22	Know Your Limits: Spring Break Alcohol Awareness & Safety Tabling Event	A collaboration between Pima's Police Department and Student Life, this tabling event will include information on how to "Know Your Limits" as you prepare to enter spring break. Campus PD will have beer goggles for students to try out and information about how to keep yourself and others safe around alcohol. All campuses will have a table	East West Downtown Desert Vista Northwest
3/9/22	Wellness Wednesday: Stress-Free Spring Break	Discussing safe and stress-free spring break tips and healthy sleep. Sharing tips on avoiding stress during spring break and discussing the power of a healthy sleep routine.	Online
3/9/22	Building Well-Being through Psychological and Emotional Resilience Training	Workshop for skills to decrease mental distress and reduce the negative effects of traumatic stress, burnout and compassion fatigue while improving job satisfaction, productivity, performance, and clinical outcomes.	Online
3/23/22	Wellness Wednesday: Women Providing Healing, Providing Hope - Tribute To Work Of Caregivers	Discussion to highlight influential women in history as well as women who have made personal impact. Special attention given to the work of caregivers.	Online

4/6/22	Resiliency: Developing Mental Flexibility (Perception Awareness)	Workshop to help students describe how their perception awareness is influenced by perceptual processing of their environment. Includes distinguishing between perceived threats and real threats as well as the differences between choice, demand, and control. Through applying these techniques, participants develop basic perception awareness skills to aid in personal and professional resiliency.	Online
4/13/22	Wellness Wednesday: The Power of Hope	Discussion on the ways hope touches lives and the belief that things will work out positively. Included a sharing circle with opportunities to reflect on experiences with hope and what it means.	Online
4/20/22	Building Well-Being through Psychological and Emotional Resilience Training	Workshop for skills to decrease mental distress and reduce the negative effects of traumatic stress, burnout and compassion fatigue while improving job satisfaction, productivity, performance, and clinical outcomes.	Online
4/27/22	Resiliency: Developing Mental Flexibility (Perception Awareness)	Workshop to help students describe how their perception awareness is influenced by perceptual processing of their environment. Includes distinguishing between perceived threats and real threats as well as the differences between choice, demand, and control. Through applying these techniques, participants develop basic perception awareness skills to aid in personal and professional resiliency.	Online
4/08/24	The Clothesline Project - Sexual Assault Awareness Month	Visual display of shirts with graphic messages and illustrations that have been designed by survivors of and individuals impacted by domestic violence and sexual assault. The purpose of the project is to increase awareness, destabilize stereotypes about "victims", celebrate a person's strength to survive, and to provide another avenue to courageously break the silence that often surrounds these experiences.	West
5/4/22	Wellness Wednesday: Together for Mental Health	Discussing the mental health of college students, how to support peers, and where to find mental health support.	Online

8/29/22	Police and Pastry	Campus event to introduce students to campus police, safety, resources and support	Downtown
8/29/22	Cops with Bagels	Campus event to introduce students to campus police, safety, resources and support	Northwest
9/8/22	Virtual Resource Fair	Event for students to learn about the free Pima resources available to assist them as a Pima Community College student. http://pima.edu/resources	Online
9/12/22	Mind Your Health: Let's Talk About Mental Illness	Pima Community College and the National Alliance on Mental Illness (NAMI) of Southern Arizona hosted event to discuss mental health	East
9/20/22	Effective Sleep Workshop	Workshop to discuss resources, tips & tricks for effective sleep patterns	Desert Vista
9/28/22	Wellness Wednesday: Resources	Overview of various campus and community resources related to wellness, prevention and support. Academic Success Counselors provide an opportunity to practice navigating through the Student Resources links from the PCC website, as well as review local resources focused on personal and educational goals	Online
10/12/22	Hispanic Heritage Month: Mental Health Fair	Student Life at the West Campus hosted a Community Resource Fair focusing on mental health awareness. The fair included tabling from community organizations dedicated to supporting the Hispanic community and mental health. Activities included performances from local mariachi and folkloric groups and enjoyment of Hispanic owned food truck(s) selling Mexican food.	West
10/12/22	Wellness Wednesday: Resources	Overview of various campus and community resources related to wellness, prevention and support. Academic Success Counselors provide an opportunity to practice navigating through the Student Resources links from the PCC website, as well as review local resources focused on personal and educational goals	Online

10/26/22	Kindred Connections Collective: Trans 201 Workshop	Workshop focused on further developing students' knowledge and understanding around Trans/Non-binary identities, systemic barriers for LGBTQ individuals, and ways to support LGBTQ peers and community on and off campus.	Downtown
11/16/22	Wellness Wednesday: Resources	Overview of various campus and community resources related to wellness, prevention and support. Academic Success Counselors provide an opportunity to practice navigating through the Student Resources links from the PCC website, as well as review local resources focused on personal and educational goals	Online
12/14/22	Wellness Wednesday: Resources	Overview of various campus and community resources related to wellness, prevention and support. Academic Success Counselors provide an opportunity to practice navigating through the Student Resources links from the PCC website, as well as review local resources focused on personal and educational goals	Online
2/9/23	Black History Month: Power of Black Resilience	What does it take to be successful personally and professionally as a person of color? Hear the life stories and advice from PCC and Tucson community members	West
2/16/23	Black History Month: Resilience Fair	Interact and learn about black-owned businesses, organizations, nonprofits. and community agencies that offer supportive resources.	Downtown
3/9/23 3/13/23 3/14/23 3/15/23 3/16/23	Spring Break Safety with PCC Police	In preparation for Spring Break, students learn tips on how to keep oneself and friends safe while drinking. Handouts on safe drinking practices, provided and a practice exercise provided by police for students to practice performing a sobriety test while wearing beer goggles.	West, Downtown, Northwest, Desert Vista, East

Appendix G: Examples of AOD Posters, Events, Advisories



Know Your Limits: Spring Break Alcohol Awareness & Safety Tabling Event

**Date and Time**

Tuesday, March 8 2022 at 9:00 AM MST to
Wednesday, March 9 2022 at 12:00 PM MST
Add To [Google Calendar](#) | [iCal/Outlook](#)

**Location**

All Pima Campuses

Description

A collaboration between Pima's Police Department and Student Life, this tabling event will include information on how to "Know Your Limits" as prepare to enter spring break. Campus PD will have beer goggles for students to try out and information about how to keep yourself and others safe around alcohol. All campuses will have a table at the dates/times/locations listed below.

Tuesday, March 8

- East Campus: 9:00-11:00 a.m. Building L, Main Lobby
- West Campus: 10:30-12:00 p.m. Cafeteria
- Downtown Campus: 12:00-2:00 p.m. Courtyard

Wednesday, March 9

- Desert Vista Campus: 10:00-12:00 p.m. Atrium
- Northwest Campus: 10:30-12:00 p.m. Outside Building D



Important Fentanyl Advisory

1 message

Nieuwenhuis, Michelle <mnieuwenhuis@pima.edu>
To: Pima-All <Pima-All@pima.edu>

Fri, Sep 1, 2023 at 8:15 AM

PCC Colleagues:

Please see the attached advisory regarding recent Fentanyl trends.



Pima County Community College District – Police Department
Michelle Nieuwenhuis, Chief of Police **Ricardo Gutierrez, Commander**
6680 South Country Club Road – Tucson, Arizona 85709-1740

PUBLIC SAFETY ADVISORY

9/1/2023

Fentanyl Awareness and Overdose Signs



Over the summer months college police have seen an increase in calls for assistance regarding unconscious or unresponsive persons in and around college campuses. Several of these have had signs and symptoms consistent with Fentanyl overdose and required transport to hospitals even after Narcan was administered by first responders. If you see someone on or around campus that appears unconscious, please contact college police immediately at 520 206-2700, and call 911. College Police carry Narcan that can be administered until medical help arrives. If you come across a substance that could be Fentanyl, do not touch it. Fentanyl comes in many forms to include pills that mimic popular candy such as Skittles. For additional information related to Fentanyl please go to: <https://www.azdhs.gov/opioid/>

<https://www.kold.com/2022/09/21/rainbow-fentanyl-tucson-streets-police-warn-parents-be-lookout-drug-that-resembles-candy/>

Michelle D. Nieuwenhuis, M.Ed.
Police Chief
Pima College Police Department
6680 S. Country Club Road
Tucson, AZ 85709
Ph. 520 206-2676
Fax 520 206-2614
mnieuwenhuis@pima.edu

Dedicated to Service, Committed to Excellence

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Appendix H: Examples of Employee Training

College Directed Training:

“Promoting a Substance-free Workplace”

Format:	Last Updated:	Duration:	Target Audience:
Web Based	10/05/2023	21 minutes	All PCC Employees



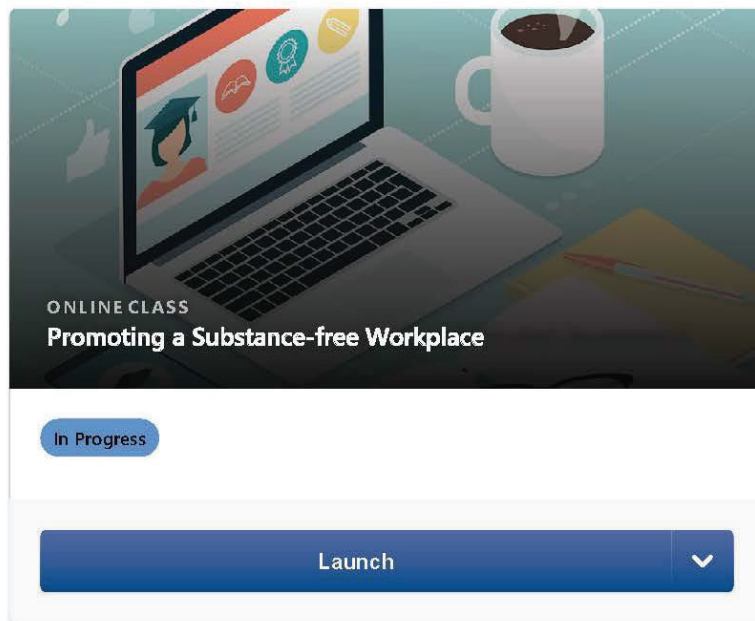
ONLINE CLASS

Promoting a Substance-free Workplace

Last Updated 10/05/2023 Duration 21 minutes

Details

Substance abuse is a pervasive problem in society, so it's no surprise that it carries over into the workplace. Substance abusers are more likely to be late or absent from work, change jobs frequently, be less productive, and be involved in workplace accidents. They also tend to have other personal problems outside of work as a result of the substance abuse, which further impairs their ability to concentrate on their work. Successful substance-free workplace programs can result in decreased absenteeism, fewer accidents, less downtime, reduced turnover, and fewer incidents of theft, as well as improving morale and productivity for all employees. This course is designed to provide employees and supervisors with an understanding of the benefits of a substance-free work environment, to help them understand the impact substances have in the workplace and recognize signs of employee substance abuse. This course was developed with subject matter support provided by the Labor & Employment Law Group of the law firm of Baker, Donelson, Bearman, Caldwell & Berkowitz, PC. Please note, however, that the course materials and content are for informational purposes only and do not constitute legal advice. Nothing herein, or in the course materials, shall be construed as professional advice as to any particular situation or constitute a legal opinion with respect to compliance with any federal, state, or local laws. Transmission of the information is not intended to create, and receipt does not constitute, an attorney-client relationship. Readers should not act upon this information without seeking professional counsel. The information contained herein is provided only as general information that may or may not reflect the most current legal developments. This information is not provided in the course of an attorney-client relationship and is not intended to constitute legal advice or to substitute for obtaining legal advice from an attorney licensed in your state.



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Details:

Part of the New Employee College-led training, this course encourages employees to prevent substance abuse in the workplace. It also provides recommendations for addressing suspected substance abuse, and provides resources relating to HR and Employee Services. All employees must complete their training within 30 days of hire.

“Department of Transportation: Reasonable Suspicion (Drug and Alcohol Awareness)”

Format:	Last Updated:	Duration:	Target Audience:
Web Based	6/24/2024	152 minutes	All transportation employees; safety-sensitive transportation employees; service agents

- Home
- EmployeeConnect
- Learning
- Performance
- Recruit
- Internal Jobs

ONLINE CLASS

DOT: Reasonable Suspicion (Drug and Alcohol Awareness)


Last Updated 06/24/2024 Duration 2 hours, 32 minutes

Details

Drug and alcohol abuse by employees is a common cause of serious workplace problems faced by American companies and organizations today, including accidents and ineffective work practices. Beyond the financial burden of increased insurance costs, loss of income, and compensation payments, substance use on the job can result in life-changing injuries or fatalities. Several US laws have been enacted to combat drug and alcohol abuse in the workplace. The Department of Transportation (DOT) interprets these laws and provides employers who are responsible for transportation employees with guidelines for setting up effective drug-free programs. Employers rely on supervisors to implement these guidelines; for example, through being vigilant in identifying and addressing instances of workplace substance abuse and alcohol misuse. In particular, supervisors of safety-sensitive employees must monitor staff members to determine whether or not there are sufficient grounds to refer the individuals for a reasonable-suspicion drug or alcohol test, and then follow the required testing procedures. This course explores the causes, indicators, and consequences of alcohol misuse and substance abuse in the US transportation industry. It describes the US laws that relate to drug and alcohol testing of transportation employees and outlines DOT regulations that enforce compliance among transportation employers. The course also discusses the supervisor's role in referring employees for testing based on a reasonable suspicion that a safety-sensitive worker is using or under the influence of alcohol or drugs while on duty. DOT Federal Motor Carrier Safety Administration regulation 49 CFR Part 382.603 (Alcohol Misuse and Controlled Substances Use Information, Training, and Referral - Training for

supervisors) requires supervisors of commercial motor vehicle drivers who operate vehicles that require a commercial driver license to take 60 minutes of training on alcohol misuse and 60 minutes of training on controlled substances use. This course is designed to meet the requirements of 49 CFR Part 382.603. This course was developed with subject matter support provided by EnSafe Inc., a global professional services company focusing on engineering, environment, health and safety, and information technology. Please note, the course materials and content were current with the laws and regulations at the time of the last expert review, however, they may not reflect the most current legal developments. Nothing herein, or in the course materials, shall be construed as professional advice as to any particular situation with respect to compliance with legal statutes or requirements.

[Show More](#)



ONLINE CLASS
DOT: Reasonable Suspicion (Drug and Alcohol Awareness)

In Progress

Launch



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Details:

This course identifies the causes, indicators, and resultant problems of substance abuse and substance dependency in the US transportation industry. It describes federal laws that relate to drug and alcohol testing of transportation employees and outlines DOT regulations that enforce compliance among transportation employers.

All available AOD trainings provided to PCC Employees

MyCareerCenter
PimaCommunityCollege

Home EmployeeConnect Learning Performance Recruit Internal Jobs

Search [Alcohol] Training Search

Refine search

Show All

Training Clear

Forms

Training results (9)

- Recognizing Drug & Alcohol Impairment (FY23)**
Event | Pima Employee Development | \$0.00
Zoom Link: Join Zoom Meeting <https://pima.zoom.us/j/96843036363> Meeting ID: 968 4303 6363 One tap mobile+16694449171,,96843036363# US+16699006833,,96843036363# US (San Jose) Prerequisites: none Target Learners: Any employee with supervisory responsibility Description: This workshop will cover relevant definitions as ...
- DOT: Reasonable Suspicion (Drug and Alcohol Awareness)**
Online Class | SkillSoft | \$0.00
Drug and **alcohol** abuse by employees is a common cause of serious workplace problems faced by American companies and organizations today, including accidents and ineffective work practices. Beyond the financial burden of increased insurance costs, loss of income, and compensation payments, substance use on the job can result in life-changing injuries...
- (VIDEO) Increased Alcohol Use During the Pandemic**
Online Content | Percipio-US | \$0.00
On the Mayo Clinic Q&A podcast, Dr. Victor Karpayak, a Mayo Clinic psychiatrist and addiction researcher, discusses **alcohol** use and the warning signs that drinking may be a problem. (Published 10/12/2020)
- DOT: Drug and Alcohol Regulation Awareness for CDL Employees**
Online Class | SkillSoft | \$0.00
Driving under the influence of drugs or **alcohol** can lead to serious accidents. The US Department of Transportation (DOT) drug and **alcohol** testing regulations for Commercial Driver Licensed (CDL) employees are contained in 49 CFR Part 382, and 49 CFR Part 40. This course is designed to educate CDL employees about the indicators and consequences of s...
- Title IX Short: Sexual Assault Prevention – Alcohol and Drugs**
Online Class | SkillSoft | \$0.00
Alcohol and drugs are a contributing factor to sexual assault on college campuses. This course takes a look at this connection and the statistics. You will learn about the dangers associated with drinking, as well as methods to stay safe when **alcohol** may be involved. You will also learn about drug-facilitated sexual assault and ways you can stay sa...
- (AUDIOBOOK) Alcoholics Anonymous: The Landmark of Recovery and Vital Living**
Online Content | Percipio-US | \$0.00
This audio edition is suited to newcomers who are first encountering its ideas, veterans looking for a refresher, and anyone curious about this classic of spiritual self-renewal. Read by the author.
- (COURSE) Mayo Clinic Q&A: Increased Alcohol Use During the Pandemic**
Online Content | Percipio-US | \$0.00
According to an article in the journal JAMA Network Open, American adults report they are drinking 14% more often during the COVID-19 pandemic. While the research didn't determine why drinking frequency has increased, health experts worry that people are turning to **alcohol** to cope with the stress, anxiety, and isolation caused by the pandemic. (Pub...
- Drug-Free Workplace (FY24)**
Event | Pima Employee Development | \$0.00
Zoom Link: Join Zoom Meeting <https://pima.zoom.us/j/96843036363> Meeting ID: 968 4303 6363 One tap mobile+16694449171,,96843036363# US+16699006833,,96843036363# US (San Jose) Prerequisites: none Target Learners: Supervisors and current participants in the Supervision in the 21st Century course only Description: This course will review...
- (VIDEO) Exam Content 2018: Substance Use and Abuse**
Online Content | Percipio-US | \$0.00
After completing this video, you will be able to distinguish the difference between handling employees with **alcohol** or drug abuse issues.

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Appendix I: Community Counseling Student Resources Webpage and Additional Student Resources

6/20/24, 11:31 AM

Counseling | Pima Community College, Tucson, Arizona

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Student Resources

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Counseling

Pima Community College (PCC) counselors use professional resources at PCC as well as local and national organizations to support you during your time at Pima.

Counselors can provide assistance with:

- [Personal Challenges](#)
- [Academic Success](#)

We also provide career counseling. Please visit our [Career Resources page](#) for more information.

Contact Us

Desert Vista: 520-206-5000

Downtown: 520-206-7171

East: 520-206-7000

Northwest: 520-206-2200

West: 520-206-6600

Related Resources

- [Academic Advising](#)
- [Career Resources](#)
- [Health, Wellness and Safety](#)
- [Support Services](#)
- [Tutoring](#)

Personal Challenges

Pima counselors are available to meet with you during business hours (Mon-Fri., 8 a.m.-5 p.m.), on a short term basis to discuss personal counseling concerns and to connect you to community resources as needed.

If you'd like more information about PCC counseling and/or non-PCC immediate crisis response resources, please fill out our [request for resources form](#).

Before you meet with a counselor, please review the [PCC Counseling Acknowledgement Form](#). The counselor will review this form with you at your first meeting.

We can also help with referrals for these areas:

- Substance abuse
- Anger management
- Relationships
- Sexual abuse or assault

Immediate Crisis Support

If you need immediate crisis support, please contact the following hotlines and call centers:

- **Safety or Medical Emergency:** Dial 911 in the United States
- **National Domestic Violence Hotline:** 1-800-799-7233 (toll-free)
- **National Suicide Prevention Hotline:** 1-800-273-8255 (toll-free)
- **988 Suicide & Crisis Lifeline**
- **Crisis Counselors Call Center** (24-hour crisis line): 1-800-273-8255 (toll-free) or text "ANSWER" to 839863
- **Crisis Response Center** (local, free immediate crisis intake): 520-301-2400

PCC Student Wellness Assistance Program

Pima cares about your wellness - from time management to personal issues, from childcare to finances. Use the Student Wellness Assistance program to find online resources or connect to a counselor 24x7.

The Student Wellness Assistance Program is free to PCC students for up to 6 sessions, per issue, per year. Contact 1-833-251-9941 for more information.

To access the program:

<https://www.pima.edu/student-resources/counseling/index.html#personalchallenges>

1/2

- Go to the MyPima Students Tab > Student Resources > Student Wellness Assistance. (If you are logged into your MyPima account and go to Student Resources, you will see Student Wellness Assistance about halfway down the page. There are hundreds of resources here for self-help and support.)

Additional Resources

- [Community Food Bank of Southern Arizona](#)
- [City of Tucson Eviction Prevention](#)
- [Lifeline](#)
Find help dealing with suicide prevention, drug abuse, and mental health. It's available to anyone who has enrolled at Pima Community College in the last three years.
- [All About Counseling](#)
- [2-1-1 Arizona](#)
Dial this phone number (2-1-1) for 24/7 help or visit the website to get free assistance in identifying resources locally and throughout the state such as:
 - Supplemental Food and Nutrition Programs
 - Shelter and Housing Options
 - Utilities Assistance
 - Emergency Information and Disaster Relief
 - Employment and Education Opportunities
 - Services for Veterans
 - Healthcare, vaccination and health epidemic information
 - Addiction Prevention and Rehabilitation Programs
 - Re-entry help for ex-offenders
 - Support groups for individuals with mental illnesses or special needs
 - A safe, confidential path out of physical and/or emotional domestic violence

Academic Success

Counselors are also available to help you develop strategies for academic success, including:

- Study habits and test-taking
- Memory and concentration
- Time and stress management

4905 E. Broadway Blvd.
Tucson, AZ 85709-1010

(520) 208-4500
1-800-860-PIMA



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PCC: STUDENT WELLNESS ASSISTANCE (SAP) RESOURCES EXAMPLE

Choose Language
Go

Search
Go

Advanced Search

Student Wellness Assistance

To speak with a licensed counselor, call us toll-free at 833-251-9941.

Counseling
Thriving
Career
Balancing
Living
Parenting
Aging
International

Search Results

Your search term(s) was alcohol

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- > Savings Center
- > Legal/Financial
- > Locate Providers

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